

2007 IHC CROSS COUNTRY
at Freedom Park Randolph
(Course Walk September 5)

DATE **RACE 1** **RACE 2** **RACE 3**

9/11 Dover Summit* Weequahic Hanover Park Mendham Chatham EO Campus West Morris Mt. Olive Livingston Roxbury

9/18 Chatham Morris Hills Mendham West Essex Randolph Morristown Roxbury Livingston Dover

9/25 Chatham Parsippany Hills West Essex Columbia Morris Knolls Randolph Morristown Parsippany Mendham

10/2 Dover Hanover Park West Essex Hanover Park Summit Parsippany West Morris Livingston Seton Hall

10/9 MAKE UP DATE * Indicates Race that will count toward Divisional Championship

10/16 CONFERENCE CHAMPIONSHIP

10/17 CHAMPIONSHIP MAKE UP

ROSH HASHANAH - 9/12-13
YOM KIPPUR - 9/22-23

TIME SCHEDULE

3:45 PM JV Race
4 PM Girls Race 1
4:15 PM Girls Race 2
4:30 PM Girls Race 3
4:45 PM Boys Race 1
5 PM Boys Race 2
5:15 PM Boys Race 3