

## LAKELAND JUNIOR TRACK & FIELD LEAGUE

### BOYS 13 - 15

<b>1973</b>	<b>100 yd</b>	Brian Reilly	Randolph	10.9
<b>1974</b>		Chris Palazzi	Mountain Lakes	11.2
<b>1975</b>		Jim Pollock	Bernards	11.7
<b>1976</b>		Jim Campisi	Randolph	11.7
<b>1977</b>		Nat Aiken	Randolph	10.9
<b>1978</b>		Lester Davis	Randolph	11.3
<b>1979</b>		Dave Peer	Denville	11.6

### GIRLS 13 - 15

					NA	NA
					Joy Leuchten	Mountain Lakes 12.6
					Leigh Iarussi	Hopatcong 13.0
					Leigh Iarussi	Hopatcong 12.5
					Jeanne Taormin	Denville 11.9
					Joan LaChance	Hopatcong 12.8
					Kris Lopocaro	Rockaway Twp 12.9

### 100 m

<b>1980</b>		Mike Metzner	Randolph	12.4	Kai Toomsoo	Mount Olive 13.4
<b>1981</b>		Bob Maillard	Roxbury	12.4	Tanya Smolin	Randolph 13.7
<b>1982</b>		George Rodriguez	Hopatcong	12.2	Barbara Williamson	Mendham 13.4
<b>1983</b>		Todd Aber	Randolph	12.2	Sharon Humphrey	Roxbury 13.4
<b>1984</b>		Mat Nardolillo	Randolph	12.4	Michele Moroney	Hopatcong 13.6
<b>1985</b>		Jon Rich	Long Valley	12.6	Kerry Kirkland	Mount Olive 12.9
<b>1986</b>		Norm O'Leary	Denville	12.5	Carla DeBiasi	Roxbury 13.7
<b>1987</b>		Scott Mutchler	Roxbury	12.1	Stephanie Neumann	Randolph 14.6
<b>1988</b>		Steve Conca	Randolph	12.7	Joanne Chirco	Long Valle 13.7
<b>1989</b>		Nick Avallone	Parsippany	11.9	Joanne Chirco	Long Valley 13.4
<b>1990</b>		Darryl Corbett	Roxbury	12.2	Leslie Herzog	Mountain Lak 13.2
<b>1991</b>		Paul Malizzi	Roxbury	12.3	Kim Arentowicz	Long Valley 13.5
<b>1992</b>		Luke Suttle	Randolph	12.0	Colby Carrier	Mountain Lakes 12.9
<b>1993</b>		Brad Coleman	Randolph	11.9	Lauren Waters	Randolph 13.0
<b>1994</b>		Toby Harris	Randolph	12.4	Michelle Zamor	Randolph 13.5
<b>1995</b>		Andrew Morris	Randolph	12.5	Michelle Zamor	Randolph 13.1
<b>1996</b>		Mike Lublanecki	West Morris	12.3	<b>Amber Williams</b>	<b>Roxbury 12.74</b>
<b>1997</b>		Kevin Henry	Chester	11.9	<b>Amber Williams</b>	<b>Roxbury 12.74</b>
<b>1998</b>		Dave Snell	Madison	12.62	Aisha Barber	Parsippany 13.23
<b>1999</b>		Irfan Ozaltin	Rockaway Twp	12.49	Aisha Barber	Parsippany 13.49
<b>2000</b>		Landon Brown	Mendham	12.55	Collette DeBenedetto	Mountain Lakes 13.05
<b>2001</b>		Nick Syzonenko	Randolph	12.44	Diane Hull	Randolph 13.00
<b>2002</b>		Paul Galipeau	Parsippany	12.20	Diane Hull	Randolph 13.31
<b>2003</b>		Matt Passannante	Denville	12.63	Kelsey Shea	Montville 14.12
<b>2004</b>		Justin Kuhn	Parsippany	12.78	Isabella Cucchi	Madison 13.73
<b>2005</b>		Justin Taylor	Randolph	12.45	Julia Valenziano	Mendham 13.40
<b>2006</b>		Craig Kimbrough	Rockaway Twp	11.75	Ellie Meyers	Mendham 13.46
<b>2007</b>		Craig Kimbrough	Rockaway Twp	11.73	Ellie Meyers	Mendham 13.44
<b>2008</b>		<b>Kieran Kenny</b>	<b>Mendham</b>	<b>11.69</b>	Julia Rizio	Montville 13.41
<b>2009</b>		Jared McPherson	Montville	12.29	Lynn Petrella	Randolph 13.22
<b>2010</b>		Lionel Chambers	Parsippany	11.75	Bria Saunders	Parsippany 12.99
<b>2011</b>		Joshua Crawford	Parsippany	12.38	Casey Lyness	Rockaway Boro 13.28
<b>2012</b>		Carlo Zarro	Randolph	12.24	Emma Schacht	Mendham 13.38
<b>2013</b>		Marquis Smallwood	Mount Olive	11.95	Anjali Pai	Rockaway Boro 13.04
<b>2014</b>		Ray Almodovar	Rockaway Boro	11.97	Eliya Herriott	Randolph 13.43
<b>2015</b>		Harp Lane	Mountain Lakes	12.12	Nia Stanford	Rockaway Twp 13.00
<b>2016</b>		Quincy Jones	Jefferson	11.97	Karen Hull	Randolph 13.21
<b>2017</b>		Brandon Kuback	Mount Olive	11.91	Kyra Hoffman	Long Valley 13.37
<b>2018</b>		Michael Wigdor	Randolph	12.21	Gianna Mangili	Montville 13.92
<b>2019</b>		Sidney Powell	Parsippany	12.00	Ariyana Jackson	Randolph 13.29
<b>2021</b>		Joseph Skuraton	Mendham	12.23	Maya Ritchie	Mountain Lakes 13.12
<b>2022</b>		Lozanguiez Christian	Long Valley	12.15	Seannah Parsons	Randolph 13.61

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 13 - 15

GIRLS 13 - 15

1976	220 yd	Pete Merian	Mountain Lakes	26.4	Leigh Iarussi	Hopatcong	28.6
1977		Nat Aiken	Randolph	24.5	Jean Taormina	Denville	28.2
1978		Lester Davis	Randolph	25.3	Nancy Lagrenne	Bernards	29.2
1979		Dave Peer	Denville	26.1	Wanda Golan	Randolph	28.8
<b>200 m</b>							
1980		Kevin Saltz	Randolph	26.2	Tanya Smolin	Randolph	27.4
1981		Alex Santiago	Denville	25.4	Lori Schweizer	Denville	29.1
1982		George Rodriguez	Hopatcong	25.6	Nancy Overhiser	Long Valley	28.4
1983		Mark Ruffolo	Hopatcong	24.7	Kerry Fortier	Chester	28.1
1984		Jamauh Winston	Randolph	27.1	Michele Moroney	Hopatcong	28.1
1985		Mike Guerrini	Roxbury	25.6	Kerry Kirkland	Mount Olive	27.8
1986		Keith Worthington	Roxbury	25.4	Carla DeBiasi	Roxbury	28.4
1987		Norm O'Leary	Denville	25.3	Shari Crawn	Roxbury	29.2
1988		Nick Avallone	Parsippany	25.4	Amy Grabow	Mountain Lakes	27.4
1989		Nick Avallone	Parsippany	25.0	Joane Chirco	Long Valley	28.0
1990		Darryl Corbett	Roxbury	25.7	Connie Lobb	Roxbury	27.1
1991		Paul Malizzi	Roxbury	25.1	Sara Huber	Randolph	28.4
1992		Luke Suttle	Randolph	25.0	Lauren Waters	Randolph	27.1
1993		Chris Arends	Randolph	25.1	<b>Samaria Quaintance</b>	<b>Randolph</b>	<b>26.74</b>
1994		Toby Harris	Randolph	25.7	Audra Irwin	Hopatcong	28.3
1995		Warren Bradshaw	Mount Olive	26.1	Kenisha Bonfiled	Madison	27.6
1996		Mike Aziz	Mount Olive	25.4	Amber Williams	Roxbury	26.7
1997		Ryan Newberger	Mount Olive	24.8	<b>Amber Williams</b>	<b>Roxbury</b>	<b>26.74</b>
1998		Dave Snell	Madison	25.81	Aisha Barber	Parsippany	28.30
1999		Irfan Ozaltin	Rockaway Twp	25.55	Jillian Warner	Long Valley	28.20
2000		Douglas Gatlin	Mountain Lakes	25.39	Abolore Oshodi	Rockaway Twp	28.66
2001		Nick Syzonenko	Randolph	25.66	Celeste Holder	Parsippany	27.08
2002		Paul Galipeau	Parsippany	24.60	Diane Hull	Randolph	27.03
2003		Arthur Pomiecinski	Randolph	26.49	Kelsey Shea	Montville	28.76
2004		Justin Kuhn	Parsippany	26.01	Isabella Cucchi	Madison	28.71
2005		Justin Taylor	Randolph	25.44	Alexandria Reo	Parsippany	28.21
2006		Craig Kimbrough	Rockaway Twp	25.20	Ellie Meyers	Mendham	27.94
2007		Craig Kimbrough	Rockaway Twp	24.18	Ellie Meyers	Mendham	27.49
2008		Bryan Ricciardi	Mendham	24.96	Sarah Gillespie	Mendham	27.33
2009		Steve DeLosa	Denville	24.62	Lynn Petrella	Randolph	27.25
2010		Johonn Lara	Hopatcong	24.29	Bria Saunders	Parsippany	26.82
2011		Najee Smith	Parsippany	25.42	Casey Lyness	Rockaway Boro	27.72
2012		Endale Saleshi	Randolph	24.93	Emma Schacht	Mendham	27.54
2013		Jake Rossetto	Mountain Lakes	24.63	Emma Schacht	Mendham	27.59
2014		<b>Ray Almodovar</b>	<b>Rockaway Boro</b>	<b>24.17</b>	Ava Dunn	Mendham	28.21
2015		Nicholas Mathus	Mount Olive	24.26	Olivia Shoshan	Parsippany	27.67
2016		Quincy Jones	Jefferson	24.31	Ashley Struck	Jefferson	27.49
2017		Caleb Diaz	Rockaway Twp	24.45	Savannah Porrao	Long Valley	28.60
2018		Tommy Post	Chester	24.62	Ella DiScala	Rockaway Twp	28.56
2019		Sebastian Denizard	Randolph	24.97	Sydney Dugan	Mount Olive	26.93
2021		Joseph Skuraton	Mendham	25.60	Gabrielle Ball	Randolph	28.23
2022		Kikon Simpson	Hopatcong	25.03	Gabrielle Ball	Randolph	28.22

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 13 - 15

GIRLS 13 - 15

1973	440 yd	Mike Fiscus	Randolph	59.1	NA	NA	69.0
1974		Dave Catlett	Mountain Lakes	60.0	Jean McGlynn	Randolph	68.1
1975		Bob Gibson	Mountain Lakes	57.3	Barbara Lagrenne	Bernards	64.1
1976		Dan Hass	Mountain Lakes	58.2	Barbara Lagrenne	Bernards	62.6
1977		Jim Campisi	Randolph	58.6	Sandy Ward	Bernards	63.3
1978		Dave Thompson	Denville	57.6	Nancy Lagrenne	Bernards	64.5
1979		Chuck Burrows	Denville	57.1	Diane Hayes	Randolph	65.8
				<b>400 m</b>			
1980		Mike Metzner	Randolph	58.6	Tanya Smolin	Randolph	64.3
1981		Alex Santiago	Denville	58.1	Tanya Smolin	Randolph	63.7
1982		Bob Larson	Hopatcong	59.7	Ann Tindale	Mendham	64.7
1983		Mark Ruffolo	Hopatcong	55.5	Natalie Adams	Mountain Lakes	66.8
1984		Paul Mattioli	Roxbury	57.8	Laura Walters	Mountain Lakes	64.8
1985		Mike Guerrini	Roxbury	56.6	Nina Berry	Randolph	67.1
1986		Chris Kolacy	Randolph	56.0	Chris Ciccarelli	Roxbury	65.9
1987		Scott Mutchler	Roxbury	54.9	Joanne Crane	Randolph	67.1
1988		John Kleiman	Parsippany	59.0	Amy Grabow	Mountain Lakes	60.1
1989		Anthony Bunnican	Hopatcong	59.4	Amy Grabow	Mountain Lakes	63.1
1990		John Rifenberg	Roxbury	59.1	Cara Natoli	Mountain Lake	66.7
1991		Matt Lobron	Long Valley	57.6	Sara Huber	Randolph	63.9
1992		Dan Rosen	Madison	57.3	Samaria Quaintance	Randolph	60.7
1993		Chris Arends	Randolph	55.9	<b>Samaria Quaintance</b>	<b>Randolph</b>	<b>59.34</b>
1994		Bill Engel	Mount Olive	58.9	Megan McDonald	Roxbury	64.0
1995		Kevin Vaughn	Mount Olive	56.9	Megan McDonald	Roxbury	60.6
1996		Matt Strange	Madison	54.5	Gloria Wilfong	Morristown	64.2
1997		Justin Dignazio	Hopatcong	56.2	Shannon Lynch	Long Valley	63.3
1998		David Gilbert	Hopatcong	57.41	Kelly Freund	Roxbury	62.56
1999		David Lerman	Hopatcong	58.36	Eniola Fageyinbo	Parsippany	65.96
2000		Douglas Gatlin	Mountain Lakes	57.45	Christa Wagner	Madison	64.16
2001		Paul Samuel	Randolph	57.81	Celeste Holder	Parsippany	61.97
2002		Jas Rouson	Mount Olive	56.09	Samantha Zwiebel	Randolph	64.45
2003		Ray Weir	Mount Olive	60.40	Kimberly Standridge	Randolph	65.85
2004		Billy Lacey	Roxbury	59.01	Nicole Binns	Rockaway Twp	64.00
2005		James Kennedy	Denville	58.18	Nicole Montemarano	Stanhope	64.35
2006		Evan Bischoff	Hopatcong	58.07	Molly Higgins	Randolph	62.74
2007		Derrick Washington	Rockaway Twp	55.67	Kristen Randolph	Rockaway Twp	64.27
2008		Douglas Sanchez	Montville	54.94	Kristen Randolph	Rockaway Twp	63.75
2009		Jonathan Caprio	Rockaway Twp	57.77	Andrea Bush	Rockaway Twp	62.35
2010		Lionel Chambers	Parsippany	55.03	Krysten Mayers	Parsippany	61.92
2011		Christian Kildal-Brandt	Mendham	55.67	Marisa Lansing	Randolph	61.80
2012		Carlo Zarro	Randolph	57.24	Anjalo Pai	Rockaway Boro	62.47
2013		Marquis Smallwood	Mount Olive	55.56	Anjalo Pai	Rockaway Boro	60.96
2014		Colin Hall	Mendham	55.08	Blythe Hehmeyer	Montville	64.93
2015		Nicholas Mathus	Mount Olive	55.88	Crystal Ribinson	Long Valley	60.96
2016		Fima Desir	Montville	54.54	Karen Hull	Randolph	62.61
2017		Brian Allen	Denville	55.44	Aanika Schueler	Mendham	60.72
2018		<b>Brian Allen</b>	<b>Denville</b>	<b>53.71</b>	Morgan Summer	Mount Olive	65.35
2019		Ryan Wong	Denville	57.06	Morgan Summer	Mount Olive	61.75
2021		Matthew Cifuentes	Hackettstown	59.38	Carlie Wysocki	Randolph	63.17
2022		Lozanguiez Christian	Long Valley	55.78	Carlie Wysocki	Randolph	63.57

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 13 - 15

GIRLS 13 - 15

1973	880 yd	Nick Barravecchio	Randolph	2:15.3	NA	NA	2:45.4
1974		Mark Sullivan	Randolph	2:19.5	Debbie Conklin	Hopatcong	2:40.1
1975		Bob Gibson	Mountain Lakes	2:15.8	Kathy Scobey	Bernards	2:36.5
1976		Dan Hass	Mountain Lakes	2:16.0	Renee Schmauder	Bernards	2:34.6
1977		Frank Ferrara	Randolph	2:18.4	Kathy Groh	Denville	2:38.2
1978		Chris Hinman	Bernards	2:21.0	Lisa Pakutka	Hopatcong	2:28.8
1979		Chris Hinman	Bernards	2:18.1	Meg Waldron	Bernards	2:22.0
				<b>800 m</b>			
1980		Andy O'Donnell	Hopatcong	2:15.2	Shari Sisco	Roxbury	2:36.5
1981		Glen Pellinger	Hopatcong	2:21.1	Cathy Smith	Randolph	2:37.2
1982		Bill Holman	Long Valley	2:17.4	Cathy Smith	Randolph	2:36.7
1983		Mark Guerrini	Roxbury	2:16.6	Sherri Paddock	Rockaway Twp	2:40.4
1984		Chris Gumbs	Hopatcong	2:23.0	Pam Hoover	Roxbury	2:37.1
1985		Chris Gumbs	Hopatcong	2:17.2	Kristin Opydke	Long Valley	2:37.0
1986		Chris Kelly	Randolph	2:21.1	Kathy Moran	Rockaway Twp	2:38.5
1987		Jim Bourdeau	Roxbury	2:17.9	Kathy Moran	Rockaway Twp	2:30.6
1988		Buddy Ahlers	Mount Olive	2:23.3	Jan Blake	Denville	2:22.7
1989		Dave Arico	Roxbury	2:12.9	Shari Domow	Rockaway Twp	2:26.3
1990		Chris Seifert	Rockaway Boro	2:13.3	Kristen Sheaves	Rockaway Twp	2:32.7
1991		<b>Chris Seifert</b>	<b>Rockaway Boro</b>	<b>2:05.24</b>	Kelly Wolff	Long Valley	2:32.3
1992		Kevin Dulio	Rockaway Boro	2:17.4	Sizie Hutchins	Randolph	2:29.4
1993		Charlie Larsen	Hopatcong	2:13.2	Rebecca Long	Parsippany	2:31.5
1994		Steve Slattery	Mount Olive	2:09.4	Lauren Avallone	Long Valley	2:22.2
1995		Kevin Vaughn	Mount Olive	2:12.9	Megan McDonald	Roxbury	2:20.2
1996		Matt Strange	Madison	2:11.6	Shari Cromartie	Roxbury	2:27.3
1997		Tim Wilson	Randolph	2:14.5	Shari Cromartie	Roxbury	2:24.1
1998		John Hesse	Parsippany	2:14.93	Kelly Freund	Roxbury	2:27.23
1999		Michael Delorenzo	Mountain Lakes	2:15.03	Val Zoller	Long Valley	2:34.23
2000		Michael Delorenzo	Mountain Lakes	2:11.56	Christa Wagner	Madison	2:30.32
2001		Kevin Kohn	Randolph	2:17.54	Catherine Christopher	Randolph	2:27.89
2002		Jason Apwah	Roxbury	2:11.14	Kerry-Ann Binns	Rockaway Twp	2:23.90
2003		Jason Apwah	Roxbury	2:13.54	Ashley Cromartie	Roxbury	2:29.47
2004		Billy Lacey	Roxbury	2:14.53	Ashley Cromartie	Roxbury	2:28.67
2005		Tom Gervasio	Roxbury	2:14.91	Molly Higgins	Randolph	2:29.90
2006		Ryan Carroll	Hopatcong	2:19.90	Molly Higgins	Randolph	2:24.52
2007		Michael Roma	Randolph	2:14.97	Joelle Amaral	Randolph	2:24.74
2008		Gerald Gorman	Mendham	2:09.82	Nicole Walthour	Hopatcong	2:36.38
2009		Dylan Capwell	Hopatcong	2:11.90	Reagan Kolakowski	Mendham	2:30.25
2010		Christian Kidal-Brandt	Mendham	2:08.53	Marisa Lansing	Randolph	2:29.30
2011		Patrik Anderson	Mendham	2:09.64	Marisa Lansing	Randolph	2:24.44
2012		Evan Backer	Long Valley	2:15.10	Elizabeth Timoney	Mendham	2:27.50
2013		Felix Anderson	Mendham	2:10.64	Elizabeth Timoney	Mendham	2:22.24
2014		Nathan Vazques	Mount Olive	2:16.18	Abby Loveys	Randolph	2:29.01
2015		Matt Morena	Rockaway Boro	2:12.27	<b>Julia Harraiz</b>	<b>Roxbury</b>	<b>2:20.36</b>
2016		Fima Desir	Montville	2:06.66	Meredith Finley	Randolph	2:28.37
2017		Tommy Carney IV	Denville	2:08.71	Nicole Nash	Denville	2:30.91
2018		Brian Allen	Denville	2:14.37	Grace Vives	Mendham	2:30.32
2019		Albin Mullan	Parsippany	2:14.80	Krista Purnell	Mountain Lakes	2:32.52
2021		Alex Pelov	Montville	2:12.10	Krista Purnell	Mountain Lakes	2:26.29
2022		Keenan Byers	Randolph	2:07.93	Molly Haid	Chatham	2:32.61

## LAKELAND JUNIOR TRACK & FIELD LEAGUE

### BOYS 13 - 15

### GIRLS 13 - 15

			Mile			
1973	NA	NA	5:24.9			
1974	Mark Hastings	Parsippany	5:10.6	Sue Long	Mountain Lakes	5:55.0
1975	Al Waldron	Randolph	5:09.5	Heidi Eld	Bernards	5:59.0
1976	Mark Malecki	Randolph	5:20.5	Kathy Hoadley	Mendham	5:42.7
1977	Bob Smith	Hopatcong	5:01.4	Wendy Rushman	Bernards	5:50.0
1978	John Grozier	Bernards	5:05.5	Meg Waldron	Bernards	5:36.4
1979	Chris Blanchet	Bernards	4:55.7	<b>Meg Waldron</b>	<b>Bernards</b>	<b>5:14.54</b>
1980	Andy O'Donnell	Hopatcong	5:03.2	Shari Sisco	Roxbury	5:47.0
1981	John Hayes	Randolph	5:04.7	Grace Sax	Hopatcong	5:53.5
1982	Mike Pignatello	Denville	5:13.5	Pam Hovliara	Randolph	5:43.2
1983	Jeffrey Friedman	Mountain Lakes	5:03.3	Sherri Paddock	Rockaway Twp	5:58.5
1984	Eric Ostergren	Mount Olive	5:23.8	Pam Hoover	Roxbury	5:40.0
1985	Devin Kennedy	Roxbury	5:18.3	Christine Feneck	Roxbury	5:58.0
1986	Greg Ayre	Randolph	5:17.5	Kathy Moran	Rockaway Twp	5:46.8
1987	Eddie Abramowitz	Roxbury	5:15.1	Kristen Hall	Long Valley	5:34.4
1988	Buddy Ahlers	Mount Olive	5:24.8	Kristen Hall	Long Valley	5:26.0
1989	Dave Arico	Roxbury	5:06.8	Shari Domow	Rockaway Twp	5:42.5
1990	Tim O'Leary	Rockaway Boro	5:11.0	Christine Kelly	Madison	5:56.5
1991	Chris Seifert	Rockaway Boro	4:53.1	Kelly Wolff	Long Valley	5:52.7
1992	Kevin Dulio	Rockaway Boro	5:19.8	Suzie Hutchins	Randolph	5:44.7
1993	Charlie Larsen	Hopatcong	5:00.1	Stephanie Snyder	Randolph	5:20.1
1994	Steven Slattery	Mount Olive	4:51.7	Lauren Avallone	Long Valley	5:25.2
1995	Adam Kerins	Randolph	5:02.8	Lauren Avallone	Long Valley	5:20.8
1996	Brian Boyett	Parsippany	5:11.3	Marianne Herbst	Mount Olive	5:34.6
1997	Brian Boyett	Parsippany	4:52.6	Shari Cromartie	Roxbury	5:37.7
1998	William Dunn	Randolph	5:21.42	Vanessa Bazydlo	Rockaway Twp	5:46.71
1999	Jeremy Zagorski	Parsippany	5:09.23	Christine Dobrosky	Mountain Lakes	5:47.18
2000	Jeremy Zagorski	Parsippany	4:49.43	Ashley Wolf	Montville	5:53.52
2001	Korey Edwards	Parsippany	5:10.54	Jennifer Ennis	Roxbury	5:32.84
2002	Jason Apwah	Roxbury	4:56.75	Kerry-Ann Binns	Rockaway Twp	5:37.10
2003	Jason Apwah	Roxbury	5:00.63	Ashley Cromartie	Roxbury	5:49.19
2004	Daniel West	Hopatcong	5:14.48	Ashley Cromartie	Roxbury	5:39.04
2005	Liam Tansey	Rockaway	5:00.19	Molly Higgins	Randolph	5:47.35
2006	Gustavo Roman	Randolph	5:13.19	Joelle Amaral	Randolph	5:33.23
2007	Michael Roma	Randolph	5:08.61	Joelle Amaral	Randolph	5:29.98
2008	Stephen Lewandowski	Mountain Lakes	4:59.18	Reagan Kolakowski	Mendham	6:01.46
2009	Dylan Capwell	Hopatcong	5:02.11	Mackenzie Barry	Mendham	5:29.12
2010	Patrik Anderson	Mendham	4:53.63	Elizabeth Lansing	Randolph	5:16.36
2011	Patrik Anderson	Mendham	4:54.03	Olivia Vigarina	Roxbury	5:32.05
2012	Max McVicar	Mount Olive	4:59.48	Elizabeth Timoney	Mendham	5:28.02
2013	Felix Anderson	Mendham	4:49.55	Elizabeth Timoney	Mendham	5:29.71
2014	Jack Stanley	Mendham	4:58.09	Abby Loveys	Randolph	5:22.08
2015	<b>Jack Stanley</b>	<b>Mendham</b>	<b>4:47.42</b>	Abby Loveys	Randolph	5:22.68
2016	Jack Jenninngs	Mendham	4:55.11	Meredith Finley	Randolph	5:27.75
2017	Henry Wood	Chatham	4:53.76	Jamie Habib	Madison	5:34.14
2018	Aiden Nevistich	Madison	5:13.03	Mylie McDonough	Rockaway Twp	5:32.02
2019	Albin Mullan	Parsippany	4:59.62	Krista Purnell	Mountain Lakes	5:47.40
2021	Alex Pelov	Montville	5:05.81	Krista Purnell	Mountain Lakes	5:45.10
2022	Kennan Byers	Rabdolph	4:50.21	Kelsey Faherty	Montville	5:53.52

## LAKELAND JUNIOR TRACK & FIELD LEAGUE

### BOYS 13 - 15

### GIRLS 13 - 15

1973	4 x 220 yd	Randolph	1:46.0		4 x 110 yd	Randolph	57.2
1974		Mountain Lakes	1:47.8			Mountain Lakes	56.6
1975		Mountain Lakes	1:49.7			Bernards	55.6
1976		Mountain Lakes	1:46.2			Bernards	54.9
1977		Randolph	1:42.8			Bernards	55.7
1978		Denville	1:49.0			Hopatcong	56.1
1979		Denville	1:44.2			Randolph	54.8
1980	4 x 200 m	Randolph	1:45.3		4 x 100 m	Randolph	54.2
1981		Randolph	1:45.5			Randolph	56.6
1982		Hopatcong	1:46.8			Mendham	55.7
1983		Hopatcong	1:44.1			Randolph	55.5
1984		Roxbury	1:49.7			Randolph	55.6
4 x 100 m							
1985		Hopatcong	49.9			Mount Olive	53.7
1986		Randolph	50.0			Roxbury	55.6
1987		Mount Olive	49.2			Denville	54.9
1988		Parsippany	50.2			Randolph	54.8
1989		Roxbury	51.3			Mountain Lakes	54.9
1990		Roxbury	51.9			Long Valley	55.0
1991		Randolph	50.0			Long Valley	53.9
1992		Mount Olive	49.2			Randolph	52.9
1993		Randolph	48.7			<b>Randolph</b>	<b>52.04</b>
1994		Randolph	51.0			Randolph	53.6
1995		Mount Olive	50.6			Mount Olive	54.6
1996		Mount Olive	51.5			Roxbury	54.4
1997		Randolph	50.4			Morris Twp.	55.5
1998		Parsippany	51.78			Parsippany	55.02
1999		Rockaway Twp	49.78			Parsippany	53.86
2000		Mountain Lakes	50.75			Randolph	55.60
2001		Parsippany	49.46			Rockaway Twp	53.49
2002		Rockaway Boro	49.26			Randolph	53.16
2003		Randolph	51.10			Randolph	56.47
2004		Rockaway Boro	51.39			Parsippany	55.49
2005		Randolph	50.39			Madison	54.58
2006		Randolph	50.16			Randolph	54.74
2007		Rockaway Twp	48.04			Montville	53.56
2008		Mendham	47.92			Rockaway Twp	54.25
2009		Rockaway Twp	49.35			Randolph	52.68
2010		Montville	48.09			Randolph	52.69
2011		Mendham	48.25			Randolph	54.22
2012		Randolph	48.97			Randolph	53.51
2013		Randolph	47.97			Mountain Lakes	53.39
2014		Rockaway	49.10			Mendham	54.05
2015		Mendham	49.51			Randolph	53.23
2016		Randolph	48.34			Randolph	53.08
2017		<b>Randolph</b>	<b>47.33</b>			Long Valley	54.69
2018		Randolph	48.28			Rockaway Twp	54.18
2019		Randolph	48.59			Randolph	52.65
2021		Hackettstown	52.33			Mountain Lake	55.50
2022		Mount Olive	49.29			Randolph	53.15

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 13 - 15

GIRLS 13 - 15

Long Jump

1973	Eric Bouchel	Randolph	18-10	NA	NA	13-6 ¼
1974	Chris Palazzi	Mountain Lakes	16-9	Erin Wagner	Denville	15-4
1975	Jim Pollock	Bernards	17-4 ¾	Joy Leuchten	Mountain Lakes	14-2
1976	Nat Aiken	Randolph	16-9 ½	Barbara Lagrenne	Bernards	14-5
1977	Nat Aiken	Randolph	18-6 ½	Lisa Golan	Randolph	15-1 ¾
1978	Bill Peer	Denville	18-8 ¼	Kathy Lagrenne	Bernards	15-5 ½
1979	Dave Peer	Denville	16-11	Ilze Gobins	Randolph	14-5
1980	Joe Gangemi	Randolph	16-6 ¾	Tanya Smolin	Randolph	14-11 ¼
1981	Bob Maillard	Roxbury	17-4	Tanya Smolin	Randolph	16-4 ¾
1982	Bill Holman	Long Valley	17-5	Kris Pull	Mount Olive	13-9 ½
1983	Mark Ruffolo	Hopatcong	16-8 ¾	Diane Friendak	Roxbury	14-4 ¾
1984	Joe Tomaino	Randolph	15-10	Kerry Fortier	Chester	14-4
1985	Eric Jaick	Hopatcong	18-1	Verta Maloney	Mount Olive	14-0 ¼
1986	Don Simon	Madsion	16-9 ¾	Carla DeBiasi	Roxbury	14-4 ¼
1987	Dave McLaren	Denville	18-6 ½	Luann Francis	Hopatcong	14-0 ¾
1988	Mark Buzzelli	Roxbury	16-4 ½	Teresa Boff	Roxbury	13-5
1989	Chris Rudella	Hanover Twp	16-2	Joanne Chirco	Long Valley	14-4
1990	Darryl Corbett	Roxbury	16-1 ¾	Sasha Raupp	Long Valley	14-10
1991	Jim Thorman	Parsippany	17-5 ¼	Gina Marisca	Long Valley	14-2 ½
1992	<b>Russ Buchmann</b>	<b>Denville</b>	<b>20-0</b>	Lauren Waters	Randolph	14-10 ½
1993	Chris Arends	Randolph	17-9 ½	Samaria Quaintance	Randolph	16-2
1994	Toby Harris	Randolph	16-3	Laura Friedman	Randolph	15-5 ¼
1995	Kenny Edwards	Parsippany	16-3 ¾	Michelle Zamor	Randolph	14-7 ¾
1996	Mike Lublanecki	Long Valley	17-1 ½	Liz Tutschek	Mountain Lakes	14-9 ½
1997	Jeremy Agee	Mount Olive	15-5 ½	Amber Williams	Roxbury	15-6
1998	David Gilbert	Hopatcong	17-0	Eniola Fageyinbo	Parsippany	14-0 ½
1999	Kyle Boone	Hopatcong	17-0 ½	Collette DeBenedetto	Mountain Lakes	16-10
2000	Landon Brown	Mendham	18-2 ¾	<b>Collette DeBenedetto</b>	<b>Mountain Lakes</b>	<b>17-3</b>
2001	Shawn Bolcarovic	Rockaway Twp	18-11	Celester Holder	Parsippany	16-10
2002	Kevin Kohn	Randolph	18-11 ¾	Cara Hessels	Long Valley	16-5 ¾
2003	Stacey Johnson	Rockaway Twp	16-10	Bianca Reo	Parsippany	15-5 1/4
2004	Justin Kuhn	Parsippany	17-11	Alexandria Reo	Parsippany	15-2
2005	Chris Kurzum	Mount Olive	18-8 ¼	Alexandria Reo	Parsippany	16-0
2006	Michael Johnston	Montville	17-5 ¼	Amber Thrope	Rockaway Twp	14-4 ¾
2007	RJ Graddy	Madison	17-8	Melissa Iskander	Madison	15-3
2008	Feyi Olugenga	Hopatcong	17-3	Lynn Petrella	Randolph	15-9
2009	Johonn Lara	Hopatcong	18-3 ½	Casey DeSa	Rockaway Twp	15-6
2010	Will Robinson	Mendham	19-1	Krysten Mayers	Parsippany	16-11
2011	Greh Stickle	Randolph	17-5	Aimee Mehta	Randolph	15-3 ¼
2012	Carlo Zarro	Randolph	18-2	Lanie Seijas	Mountain Lakes	15-3 ¼
2013	Carlo Zarro	Randolph	18-10	Lanie Seijas	Mountain Lakes	15-11
2014	Connor Kamp	Randolph	17-2	Blythe Hehmeyer	Montville	15-10 ½
2015	Harp Lane	Mountain Lakes	17-2	Meghan O'Malley	Randolph	15-6
2016	Gerry Rubinetti	Randolph	17-9 ¾	Savannah Porrao	Long Valley	14-11
2017	Sabastian Hughes	Long Valley	19-8	Kyra Hoffman	Long Valley	15-3 ½
2018	Brian Allen	Denville	17-10	Alicia Jones	Mount Olive	14-3 ½
2019	Sheldon Agymang	Parsippany	17-7	Anastasia Montilus	Mendham	16-11
2021	Evan Mei	Mountain Lakes	15-10 ¼	Maya Ritchie	Mountain Lakes	14-11 ¼
2022	Tommy Canning	Mount Olive	18-1	Seannah Parsons	Randolph	15-8 ½

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 13 - 15

GIRLS 13 - 15

Shot Put

1973	Rich Bucien	Denville	36-7	NA		24-0
1974	Terre Mattern	Randolph	42-0	Missy Stahl	Mountain Lakes	26-1
1975	Al Waldron	Randolph	41-6	Lisa Chisena	Randolph	28-0
1976	Mike Jameson	Randolph	36-8 ½	Debbie Gnatz	Randolph	28-4
1977	Jim Fox	Denville	43-1 ¼	Rena Antanelis	Randolph	30-8 ¾
1978	Clark Cotton	Mendham	44-1 ½	Jill Godfrey	Harding	29-1 ½
1979	Nick Gangemi	Randolph	37-10	Lisa Metz	Denville	27-8 ¼
1980	Joe Gangemi	Randolph	45-0 ¼	Ilze Gobins	Randolph	29-1
1981	Mike Morris	Harding	46-1 ½	Mary Ann Dirupo	Roxbury	27-0
1982	Tom Armitage	Roxbury	45-3 ¼	Karen Hansen	Denville	27-7 ½
1983	Alan Fulton	Mount Olive	45-2	Celeste Rucki	Randolph	26-11
1984	Mat Nardolillo	Randolph	40-0 ½	Kris Douglas	Long Valley	26-8 ¼
1985	Rob Flynn	Roxbury	42-4 ¼	Dana Anderson	Randolph	27-8 ¼
1986	Pat O'Donnell	Randolph	41-4	Dana Anderson	Randolph	32-3 ½
1987	Rich Gawel	Parsippany	42-6 ¾	Karen Schwarz	Mountain Lakes	33-6
1988	Mike Bertoni	Long Valley	39-9 ½	Dana Walker	Randolph	30-11 ½
1989	Nick Avallone	Parsippany	42-0 ¼	Becky Ritchie	Long Valley	28-5 ¾
1990	Paul Tullo	Rockaway Boro	38-4 ¼	Becky Ritchie	Long Valley	30-3 ¼
1991	Mark Talmage	Hopatcong	40-11	Leigh Frascatore	Parsippany	25-6 ½
1992	Mark Talmage	Hopatcong	48-11 ½	Maggie Letsche	Parsippany	24-5
1993	Mike Tobias	Roxbury	41-2 ½	Jessica Breuder	Long Valley	26-11
1994	Bryan Willer	Rockaway Boro	40-10	Jody Arends	Randolph	35-0
1995	Dan Podhajny	Rockaway Twp.	45-0	Jody Arends	Randolph	33-1 ½
1996	Ken Dunne	Madison	36-11 ¾	Robin Flora	Parsippany	28-2
1997	Leigh Denman	Roxbury	41-4 ¼	Gabriella Jackson	Morris Twp	24-10
1998	Leigh Denman	Roxbury	43-5	Aisha Barber	Parsippany	25-2 ¼
1999	Bryan Klingler	Randolph	39-3	Kaitlin Nazario	Rockaway Twp	26-0
2000	Michael Eschenroeder	Parsippany	40-2 ½	Kaitlin Nazario	Rockaway Twp	30-6 ½
2001	Tommy Petito	Rockaway Twp	37-7	Gemma Naclerio	Rockaway Twp	31-8 ½
2002	Brigham Farrand	Rockaway Twp	38-9	Joanna Maraska	Randolph	25-1
2003	Arthur Pomiecinski	Randolph	39-9	Krissy Jones	Rockaway Twp	27-5 ¾
2004	Andreas Schmitt	Mountain Lakes	35-4 ¾	Mariello DiAgostino	Roxbury	27-8
2005	Eddie McClain	Rockaway Boro	38-5	Madison Cannon	Randolph	28-2
2006	Cole Farrand	Rockaway Twp	38-7	Jennifer Jarvis	Rockaway Twp	35-2 ½
2007	Cole Farrand	Rockaway Twp	45-10	Jennifer Jarvis	Rockaway Twp	35-6
2008	Kevin Papili	Chester	41-11	Lisbeth Lopez	Randolph	29-7
2009	Grant Sanchez	Montville	40-10 ¾	Alyssa Brown	Hopatcong	28-0
2010	Victor Valantino	Denville	48-5	Aliyah Huland El	Randolph	28-11 ½
2011	Bryan Caravetta	Mendham	38-8	Helene Rowland	Madison	31-11 ¾
2012	Anton Pezzano	Hopatcong	37-5 ½	Katie Wisotsky	Mendham	28-11
2013	Danny Post	Chester	40-0 ¼	Makalya Taylor	Randolph	31-9
2014	Ahsan Huland El	Randolph	40-9 ½	Makalya Taylor	Randolph	34-7 ¼
2015	Ahsan Huland El	Randolph	48-6	Jennifer McManus	Mendham	27-5 ¼
2016	Joe Bradley	Mendham	39-8	Annalise Stephens	Mountain Lakes	27-6
2017	Tyler Wong	Roxbury	46-3	Melissa Aymil	Mendham	31-0 ½
2018	Nicholas Frattina	Mount Olive	44-8 ½	<b>Melissa Aymil</b>	<b>Mendham</b>	<b>39-8 ½</b>
2019	<b>Nicholas Frattina</b>	<b>Mount Olive</b>	<b>51-6</b>	Kalanit Krasner-Cohen	Randolph	27-5
2021	Matthew Cifuentes	Hackettstown	35-3 ½	Cassidy Smith	Randolph	26-0
2022	Max Minervini	Rockaway Twp	39-1	Taylor Salazar	Rockaway Twp	28-6