

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

1973	50 yd	NA	NA	7.0	Judy Taylor	Mendham	6.8
1974		Ken Balcerski	Roxbury	7.1	Kathy DeGuercio	Mendham	7.5
1975		Jamie Conlan	Mountain Lakes	7.1	Sheryl Stiasny	Roxbury	7.5
1976		Rob Bentley	Mendham	6.9	Pam Edwards	Bernards	7.2
1977		Dean Malecki	Randolph	7.0	Tricia Larsen	Denville	7.4
1978		Robbie Rosone	Mount Olive	7.2	Lisa Snyder	Bernards	7.5
1979		Robbie Rosone	Mount Olive	6.7	Mary Ryan	Rockaway Twp	7.1
1980	50 m	Jamauh Winston	Randolph	7.5	Marie Farkas	Denville	7.6
1981		Jeff Meyers	Denville	7.5	Pam Distasia	Mendham	7.7
1982		Cecil Barrett	Randolph	7.4	Jessica Shilakes	Randolph	7.6
1983		Rob Melton	Hopatcong	7.3	Kerry Kirkland	Mount Olive	7.9
*1984		Mark Buzzelli	Roxbury	7.8	Shari Crown	Roxbury	8.0
1985		Billy Williams	Randolph	7.4	Jennifer Morgan	Mount Olive	7.8
1986		Ben Lowell	Denville	7.7	Katy Howe	Mountain Lakes	8.0
1987		Paul Malizzi	Roxbury	7.6	Jackie Kasteen	Parsippany	8.2
1988		Frank McDermott	Mountain Lakes	7.7	Megan Dondero	Long Valley	8.2
1989		Craig Melcher	Rockaway Boro	7.7	Megan Oliver	Madison	7.9
100m							
1990		Ken Buchanan	Long Valley	14.7	Johanna Cancelliere	Denville	15.0
1991		Eric McGory	LongValley	14.3	Katie Neupert	Randolph	14.9
1992		Jeremy Agee	Mount Olive	14.8	Amber Williams	Roxbury	14.5
1993		Jeremy Agee	Mount Olive	14.4	Amber Williams	Roxbury	14.44
1994		Dave Snell	Madison	14.6	Courtney Tapkas	Long Valley	15.5
1995		Gi'Van Johnson	Morris Twp	14.3	Jillian Warner	Long Valley	14.9
1996		Andy Pursell	Parsippany	15.1	Bimpe Fageyinbo	Parsippany	14.9
1997		Michaux Christian	Randolph	14.5	Bimpe Fageyinbo	Parsippany	14.44
1998		Oliver Casson-Gary	Randolph	15.20	Samantha Chilton	Parsippany	15.36
1999		Ryan Bingham	Randolph	15.17	Kelly Buechner	Parsippany	15.85
2000		Jordan Hessels	Long Valley	15.57	Bianca Reo	Parsippany	15.51
2001		Justin Taylor	Randolph	15.03	Ana Gilbertini	Randolph	15.54
2002		Sam Knopka	Roxbury	14.70	Abbie Schmidt	Long Valley	16.39
2003		AJ Garcia	Randolph	15.20	Erica Evans	Rockaway Twp	15.95
2004		Kieran Kenny	Mendham	14.88	Alanna Hutchinson-Lundy	Mount Olive	16.37
2005		Thayer Wallace	Randolph	14.11	Lauren Catena	Montville	15.93
2006		Tauquan Leonard	Denville	15.51	Lauren Catena	Montville	14.94
2007		Jordan Imp	Parsippany	15.51	Sierra Tonnesen	Chester	15.03
2008		Jeffery Okudah	Parsippany	14.79	Mackenzie Kenny	Mendham	15.46
2009		Jeffery Okudah	Parsippany	14.13	Lanie Seijas	Mountain Lakes	15.77
2010		Matias Pellegrino	Denville	14.36	Nancy Massillon	Parsippany	15.47
2011		Brendan Kovar	Rockaway Twp	15.33	Alyssa Romagnoli	Randolph	15.28
2012		Nana Agyemang	Parsippany	14.35	Karen Hull	Randolph	15.54
2013		Aaron McKay	Mount Olive	14.59	Annika Schueler	Chester	15.39
2014		MJ Green	Dover	14.64	Emma Kosiorowski	Denville	15.11
2015		Nicholas Weah	Roxbury	14.96	Morgan Summer	Mount Olive	15.36
2016		Joe Williams	Mount Olive	14.65	Sydney Dugan	Mount Olive	15.58
2017		Harrison Edwards	Montville	14.68	Amanda Dean	Parsippany	15.19
2018		Justin Bullock	Mount Olive	15.01	Gabriele Ball	Randolph	15.44
2019		Tyler Kaplan	Parsippany	14.86	Bailey Huang	Parsippany	14.81
2021		Calvin Lim	Mountain Lakes	14.81	Aria Federle	Montville	15.18
2022		Grayson Otero	Hackettstown	14.57	Nadia Henderson	Denville	15.28

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

1973	220 yd	Not Contested		Judy Taylor	Mendham	32.3
1974		Not Contested		Jeanne Taormina	Denville	32.3
1975		Mackey Pendergrass	Mendham 31.0	Theresa McDonald	Bernards	31.0
1976		Kelly Henderson	Bernards 30.2	Pam Edwards	Bernards	31.8
1977		Dean Malecki	Randolph 31.0	Colleen McCarthy	Denville	32.9
1978		Ron Youngberg	Bernards 31.8	Lisa Savercool	Harding	32.6
1979		Robbie Rosone	Mount Olive 29.5	Michele Massotti	Mount Olive	31.0
200 m						
1980		Scott Mayer	Denville 30.6	Sharon Humphrey	Roxbury	31.3
1981		Chris Malizzi	Roxbury 30.5	Dawn Maillard	Roxbury	31.1
1982		Harold VanKlahr	Long Valley 30.1	Chris Chirco	Long Valley	31.0
1983		Rob Melton	Hopatcong 29.6	Kerry Kirkland	Mount Olive	30.2
*1984		Mark Buzzelli	Roxbury 30.5	Shari Crawn	Roxbury	31.9
1985		Rocky Clark	Madison 30.3	Amy Grabow	Mountain Lakes	30.8
1986		Kevin Bullock	Roxbury 30.1	Karen Mayer	Madison	31.9
1987		Paul Malizzi	Roxbury 30.9	Jennifer Swan	Mount Olive	32.9
1988		Jim Pangallo	Rockaway Boro 32.6	Cortney MacDonald	Denville	33.4
1989		Kevin Speicher	Long Valley 30.7	Megan Oliver	Madison	31.9
1990		Bill Engel	Mount Olive 30.1	Pam Sobieski	Long Valley	32.2
1991		Kevin Vaughn	Mount Olive 31.3	Katie Neupert	Randolph	31.1
1992		Jeremy Agee	Mount Olive 30.8	Amber Williams	Roxbury	31.5
1993		Jeremy Agee	Mount Olive 30.1	Erica Wideberg	Randolph	32.2
1994		Dave Snell	Long Valley 30.7	Courtney Tapkas	Long Valley	32.7
1995		Gi'Van Johnson	Morris Twp 30.6	Jillian Warner	Long Valley	32.8
1996		Shawn Bolcarovic	Rockaway Twp 32.5	Bimpe Fageyinbo	Parsippany	31.8
1997		Brigham Farrand	Rockaway Twp 30.4	Pari Hashemi	Mount Olive	32.6
1998		Michael Hadley	Long Valley 32.23	Samantha Chilton	Parsippany	32.78
1999		Ryan Bingham	Randolph 32.62	Kate Robinson	Roxbury	34.44
2000		Jordan Taylor	Roxbury 32.45	Ashley Thompson	Roxbury	33.30
2001		Justin Taylor	Randolph 31.57	Courtney Alpaugh	Randolph	33.48
2002		Andrew Bednarsky	Chester 31.68	Jennifer Geers	Montville	34.46
2003		Michael Polizzi	Montville 32.68	Angela Calabrese	Montville	34.22
2004		Kieran Kenny	Mendham 32.29	Samantha Taitel	Rockaway Twp	33.13
2005		Thayer Wallace	Randolph 28.93	Kayla Kroll	Rockaway Twp	32.90
2006		Tauquan Leonard	Denville 32.14	Kayla Kroll	Rockaway Twp	32.36
2007		Jeffery Okudah	Parsippany 32.51	Maggie Wadley	Mendham	32.04
2008		Jeffery Okudah	Parsippany 30.55	Michelle Golowko	Montville	32.44
2009		Jeffery Okudah	Parsippany 29.91	Lanie Seijas	Mountain Lakes	32.17
2010		Matias Pellegrino	Denville 29.13	Katie Douglas	Randolph	32.59
2011		Will Seijas	Mountain Lakes 31.81	Aaliyah Goldberry	Roxbury	32.70
2012		Nana Agyemang	Parsippany 29.52	Julia Sheppell	Mountain Lakes	31.08
2013		Aaron McKay	Mount Olive 30.79	Kelly McGreal	Mendham	32.42
2014		Kevin Dolan	Denville 30.97	Emma Kosiorowski	Denville	32.09
2015		Mason Gough	Long Valley 31.21	Vonya Gould	Jefferson	32.83
2016		Micah Jones	Mount Olive 30.16	Sydney Dugan	Mount Olive	32.56
2017		Harrison Edwards	Montville 30.79	Amanda Dean	Parsippany	31.64
2018		Joshua Grannum	Randolph 32.28	Gabreille Ball	Randolph	31.87
2019		Kelly Maxwell	Roxbury 30.65	Bailey Huang	Parsippany	31.08
2021		Bruce Johnson	Rockaway Twp 30.31	Olivia Akpan	Roxbury	30.15
2022		Matthew Bragoli	Chatham 31.83	Jacqueline Ball	Randolph	32.16

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

1973	440 yd	NA	NA	70.6	Not Contested		
1974		Nick Kearney	Hopatcong	68.5	Not Contested		
400 m							
1990		Eddie Jacobs	Mount Olive	68.9	Pam Sobieski	Long Valley	1:13.4
1991		Adam Carman	Randolph	1:12.3	Megan McDonald	Roxbury	1:13.3
1992		Matt Strange	Madison	1:10.7	Leigh Wallace	Roxbury	1:15.0
1993		Ricky Medina	Long Valley	1:11.8	Amber Williams	Roxbury	69.4
1994		Ricky Medina	Long Valley	1:10.6	Kristina Keyser	Parsippany	1:13.6
1995		John Hesse	Parsippany	68.1	Jessica George	Morris Twp	1:14.8
1996		Todd Boertzel	Rockaway Twp.	1:13.3	Lauren Seekamp	Parsippany	1:12.4
1997		Paul Samuel	Randolph	1:11.3	Bimpe Fageyinbo	Parsippany	69.04
1998		Istvan Kolossvary	Madison	1:10.10	Aiyda Ghahramani	Long Valley	1:14.79
1999		Jason Apwah	Hopatcong	69.04	Kim Standridge	Randolph	1:15.57
2000		Raymond Weir	Mount Olive	1:13.08	Bianca Reo	Parsippany	1:14.18
2001		Steven Fisher	Hopatcong	1:11.21	Molly Higgins	Randolph	1:15.55
2002		Sam Knopka	Roxbury	68.74	Mary Migton	Roxbury	1:15.77
2003		Steve Wagner	Mount Olive	1:15.56	Joelle Amaral	Randolph	1:17.76
2004		Gerald Gorman	Mendham	1:13.02	Bergen Schoenfeld	Mounatin Lakes	1:20.32
2005		Jordan Knapp	Randolph	68.56	Ainel Logan	Hopatcong	1:17.00
2006		Michael Higgins	Montville	1:10.56	Chelsea Jorgensen	Montville	1:15.88
2007		Greg Stickle	Randolph	1:12.64	Sierra Tonnesen	Chester	1:13.77
2008		Joey DeFeo	Randolph	1:11.89	Adrianna Leonardo	Montville	1:14.40
2009		Teax Amijio	Chester	68.01	Anjali Pai	Rockaway Boro	1:18.03
2010		Kevin Sommer	Mendham	68.38	Sierra Lore	Mountain Lakes	1:15.08
2011		Chris Tiao	Randolph	1:10.91	Hannah Ferguson	Rockaway Twp	1:13.21
2012		George St. Angelo	Hopatcong	69.91	Karen Hull	Randolph	1:12.13
2013		Luke Nexon	Roxbury	1:10.86	Lucie Antonius	Mendham	69.50
2014		Michael Oths	Mendham	1:11.97	Kelly Rostiac	Mendham	1:13.98
2015		Ted Joel	Chatham	1:14.51	Morgan Summer	Mount Olive	1:14.14
2016		Micah Jones	Mount Olive	1:10.01	Ava Stanco	Randolph	1:18.50
2017		Kennan Byers	Randolph	69.92	Sophie Pyznar	Mendham	1:13.10
2018		Justin Bullock	Mount Olive	1:11.41	Mia Mangili	Montville	1:16.68
2019		Tyler Burns	Mount Olive	69.33	Casey Carney	Hackettstown	1:12.80
2021		Bruce Johnson	Rockaway Twp	1:13.38	Olivia Akpan	Roxbury	1:12.73
2022		John Kinney	Mendham	1:14.42	Nadia Henderson	Denville	1:13.28

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

800 m

1990	Eddie Jacobs	Mount Olive	2:38.4	Kim Primavera	Mount Olive	2:48.7
1991	Adam Carman	Randolph	2:40.0	Lauren Avallone	Long Valley	2:46.1
1992	Brian Boyett	Parsippany	2:51.1	Erin Farrell	Mount Olive	2:55.4
1993	John Gerry	Mount Olive	2:45.1	Lisa Sarinelli	Rockaway Boro	2:56.3
1994	Mike Dovey	Madison	2:41.3	Kristina Keyser	Parsippany	2:52.3
1995	Jeremy Zagorski	Parsippany	2:36.0	Michelle Madej	Parsippany	2:52.9
1996	Todd Boertzel	Rockaway Twp.	2:49.4	Michelle Madej	Parsippany	2:52.6
1997	Paul Samuel	Randolph	2:42.4	Ena Leufroy	Randolph	2:53.8
1998	Jason Apwah	Hopatcong	2:42.09	Danielle Dapiran	Parsippany	2:53.27
1999	George Fisher	Hopatcong	2:45.22	Ashley Cromartie	Roxbury	2:58.72
2000	David Magnollay	Madison	2:47.07	Ashley Cromartie	Roxbury	2:43.08
2001	Justin Mihalick	Randolph	2:42.96	Erica Borgo	Randolph	3:00.09
2002	Paul Modestino	Randolph	2:53.81	Mary Migton	Roxbury	2:50.82
2003	Matthew Ferguson	Montville	2:53.14	Whitney Zammit	Montville	2:58.07
2004	Jordan Knapp	Randolph	2:50.38	Bergen Schoenfeld	Mounatin Lakes	3:02.26
2005	Dominic LaBell	Stanhope	2:47.77	Nicole Walthour	Hopatcong	3:00.68
2006	Dominic LaBell	Stanhope	2:44.78	Rachael Liberman	Randolph	2:53.72
2007	Greg Stickle	Randolph	2:48.22	Jordan Yaros	Hopatcong	2:49.95
2008	Teax Amijio	Chester	2:50.21	Adrianna Leonardo	Montville	2:56.41
2009	Teax Amijio	Chester	2:34.56	Kolina Ungar	Mendham	2:54.73
2010	Kevin Sommer	Mendham	2:33.26	Julia Herraiz	Roxbury	2:53.69
2011	Jay Anderson	Mendham	2:46.72	Meredith Finley	Randolph	2:47.81
2012	Brian Daquan Hendrickson	Randolph	2:32.98	Amanda Houston	Randolph	2:46.39
2013	Tommy Carney IV	Denville	2:39.86	Lucie Antonius	Mendham	2:39.08
2014	Aidan Navistich	Madison	2:39.21	Grace Vives	Mendham	2:52.32
2015	Ryan Sprengel	Chatham	2:44.32	Gabriella Daskalova	Roxbury	2:52.16
2016	Alex Pelov	Montville	2:42.77	Krista Purnell	Mounatin Lakes	2:54.32
2017	Aidan Byers	Randolph	2:37.84	Sophie Pyznar	Mendham	2:53.59
2018	Cameron Sontz	Montville	2:41.30	Carly Renna	Randolph	2:49.67
2019	Kelly Maxwell	Roxbury	2:35.53	Casey Carney	Hackettstown	2:49.34
2021	Bo Broking	Hackettstown	2:40.89	Livia Lerner	Mounatin Lakes	2:47.51
2022	Nicholas Beck	Parsippany	2:46.26	Lindsey Carney	Hackettstown	2:44.65

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

			Mile			
1974	Gary Hickey	Randolph	6:01.0	Dana Bishop	Mountain Lakes	6:34.8
1975	Andy O'Donnell	Hopatcong	6:02.4	Dana Bishop	Mountain Lakes	6:24.3
1976	Andy O'Donnell	Hopatcong	5:39.1	Mary Ann Homan	Hopatcong	6:22.6
1977	Randy Valentine	Dover	5:49.8	Ann Marie Keenan	Denville	6:28.8
1978	Dave Makuen	Denville	5:52.7	Cathy Smith	Randolph	6:07.8
1979	Jim Gibson	Mountain Lakes	5:46.2	Tracy Hinman	Bernards	5:54.3
1980	Jeffrey Friedman	Mountain Lakes	5:35.2	Denise Dean	Denville	6:01.9
1981	Mike Benton	Rockaway Twp	5:34.4	Erica Friedman	Mountain Lakes	6:23.0
1982	Matt Zilinskas	Mountain Lakes	5:54.5	Laura Avery	Long Valley	6:05.0
1983	Dan Shanley	Madison	5:44.6	Christine Feneck	Roxbury	6:28.8
*1984	Mike Arico	Roxbury	6:06.5	Chris Engel	Mount Olive	6:14.3
1985	Paul Dugan	Hopatcong	6:15.3	Misty Leigh Brennan	Randolph	6:33.4
1986	Tim O'Leary	Rockaway Boro	6:07.3	Claire Butler	Mountain Lakes	6:28.1
1987	Eric Christianson	Denville	6:06.4	Lisa Petti	Denville	6:30.5
1988	Todd Martelli	Mount Olive	6:03.4	Melinda Strange	Madison	6:24.1
1989	Charlie Larsen	Hopatcong	5:44.9	Keri Hyman	Rockaway Twp	6:24.5
1990	Bill Engel	Mount Olive	5:29.4	Stephanie Snyder	Randolph	6:18.5
1991	Ken Goglas	Randolph	5:51.6	Beth Jones	Randolph	6:04.3
1992	Matt Strange	Madison	5:52.7	Heather Drymon	Roxbury	6:27.3
1993	Mike Monahan	Denville	6:03.7	Heather Drymon	Roxbury	6:03.0
1994	Ross Selby	Rockaway Twp	6:03.3	Vanessa Bagnolo	Rockaway Twp	6:27.9
1995	James Mahoney	Morristown	6:08.1	Nessie Costa	Parsippany	6:06.9
1996	John Sabotka	Hopatcong	6:06.1	Ashley Behre	Mount Olive	6:35.7
1997	Corey Edwards	Parsippany	5:52.0	Rachel Norton	Chester	6:15.5
1998	Timmy Burns	Randolph	6:12.35	Jennifer Ennis	Parsippany	6:06.26
1999	Jason Apwah	Hopatcong	5:41.62	Kim Standridge	Randolph	6:13.93
2000	Daniel West	Hopatcong	5:59.39	Shereen McManus	Hopatcong	6:30.64
2001	Steven Fisher	Hopatcong	5:32.00	Molly Higgins	Randolph	6:28.17
2002	Andrew Bednarsky	Chester	5:27.77	Joelle Amaral	Randolph	6:13.22
2003	Zachary Miller	Mount Olive	6:12.84	Joelle Amaral	Randolph	5:59.14
2004	Andrew Calvo	Mount Olive	6:10.94	Lindsay Schuele	Hopatcong	6:56.09
2005	Dylan Capwell	Hopatcong	5:37.98	Rachael Liberman	Randolph	6:27.66
2006	Michael Higgins	Montville	6:06.62	Carole Harsch	Randolph	6:32.47
2007	Noah Goding	Mendham	6:09.16	Michelle Golowko	Montville	6:07.48
2008	Joey DeFeo	Randolph	5:46.64	Michelle Golowko	Montville	5:55.27
2009	Jack Stanley	Mendham	5:58.96	Elizabeth Timoney	Mendham	6:03.35
2010	Jack Stanley	Mendham	5:53.45	Regan Hakes	Mendham	6:09.09
2011	ChrisTiao	Randolph	5:54.50	Regan Hakes	Mendham	5:55.14
2012	Brian Daquan Hendrickson	Randolph	5:47.09	Amanda Houston	Randolph	6:20.18
2013	Tommy Carney IV	Denville	5:55.42	Jamie Habib	Madison	6:00.51
2014	Aidan Navistich	Madison	5:45.79	Grace Vives	Mendham	6:36.12
2015	David Brown	Long Valley	5:59.57	Gabriella Daskalova	Roxbury	6:24.03
2016	Alex Pelov	Montville	5:50.01	Angelina Wang	Mount Olive	6:17.40
2017	Aidan Byers	Randolph	5:48.99	Angelina Wang	Mount Olive	6:16.25
2018	Cameron Sontz	Montville	5:43.12	Kate Shaw	Chester	5:58.55
2019	Case McKinney	Long Valley	5:59.40	Gabriella Pelov	Montville	6:18.15
2021	Bo Broking	Hackettstown	6:07.21	Lindsey Carney	Hackettstown	6:59.91
2022	Nicholas Beck	Parsippany	6:10.07	Lindsey Carney	Hackettstown	6:03.14

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

1974	4 x 110 yd	Hopatcong	63.3	Mountain Lakes	64.6
1975		Mountain Lakes	61.4	Bernards	63.0
1976		Bernards	61.2	Bernards	63.4
1977		Denville	61.3	Randolph	63.8
1978		Mount Olive	61.7	Bernards	64.9
1979		Denville	58.7	Randolph	61.4
4 x 100 m					
1980		Denville	58.3	Denville	61.0
1981		Randolph	59.5	Randolph	61.2
1982		Long Valley	60.0	Randolph	61.1
1983		Hopatcong	58.7	Mount Olive	60.3
*1984		Roxbury	67.5	Long Valley	66.7
1985		Randolph	61.5	Mountain Lakes	62.7
1986		Denville	62.5	Long Valley	63.5
1987		Roxbury	61.0	Long Valley	63.5
1988		Long Valley	63.7	Long Valley	65.5
1989		Long Valley	60.3	Mountain Lakes	61.8
1990		Mount Olive	62.3	Mount Olive	62.6
1991		Mount Olive	61.9	Randolph	60.74
1992		Mount Olive	62.7	Roxbury	62.8
1993		Randolph	61.2	Roxbury	63.4
1994		Parsippany	62.1	Parsippany	64.5
1995		Parsippany	61.1	Randolph	64.2
1996		Rockaway Twp.	61.9	Parsippany	63.9
1997		Rockaway Twp.	61.0	Parsippany	64.1
1998		Long Valley	62.42	Randolph	64.89
1999		Randolph	62.08	Randolph	64.79
2000		Roxbury	65.13	Randolph	65.92
2001		Randolph	61.01	Randolph	62.90
2002		Randolph	63.83	Rockaway Twp	66.03
2003		Randolph	63.22	Montville	64.26
2004		Randolph	62.71	Randolph	65.66
2005		Randolph	60.74	Rockaway Twp	62.86
2006		Montville	62.42	Montville	65.07
2007		Parsippany	64.06	Mendham	63.46
2008		Parsippany	62.07	Mendham	64.43
2009		Parsippany	58.88	Montville	64.12
2010		Parsippany	61.34	Montville	65.39
2011		Mountain Lakes	63.44	Randolph	64.36
2012		Hopatcong	59.57	Randolph	64.53
2013		Mount Olive	62.18	Mendham	62.95
2014		Randolph	62.26	Mendham	64.64
2015		Parsippany	63.29	Randolph	63.66
2016		Mount Olive	60.82	Mountain Lakes	64.86
2017		Montville	62.46	Randolph	64.80
2018		Mount Olive	62.05	Randolph	62.72
2019		Mount Olive	63.67	Hackettstown	64.25
2021		Hackettstown	64.60	Randolph	65.63
2022		Mount Olive	62.96	Long Valley	63.87

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

1976	4 x 220 yd	Hopatcong	2:10.2	Bernards	2:12.2	
1977		Denville	2:10.7	Randolph	2:13.9	
1978		Mount Olive	2:11.2	Bernards	2:15.3	
1979		Denville	2:04.2	Randolph	2:09.0	
1980	4 x 200 m	Denville	2:03.6	Hopatcong	2:09.7	
1981		Long Valley	2:05.6	Hopatcong	2:09.1	
1982		Long Valley	2:07.2	Randolph	2:08.6	
1983		Randolph	2:04.5	Roxbury	2:12.0	
*1984		Roxbury	2:14.7	Long Valley	2:18.5	
1985		Mount Olive	2:13.3	Mountain Lakes	2:20.9	
1986		Denville	2:14.1	Long Valley	2:16.5	
1987		Denville	2:13.0	Long Valley	2:19.8	
1988		Roxbury	2:17.5	Long Valley	2:18.4	
1989		Long Valley	2:10.4	Long Valley	2:14.3	
1973	Shuttle(8 x 50 yd)	Randolph	66.0	Randolph	68.2	
1974		Mountain Lakes	65.0	Mendham	70.1	
1975		Randolph	63.6	Randolph	62.6	
1976		Bernards	62.0	Bernards	62.0	
1977		Randolph	59.6	Denville	60.2	
1978		Randolph	61.3	Randolph	61.4	
1979		Randolph	57.8	Denville	59.7	
1980		Shuttle (8 x 50 m)	Randolph	63.7	Hopatcong	64.8
1981			Randolph	64.2	Denville	65.1
1982			Randolph	63.2	Randolph	63.5
1983			Roxbury	64.4	Mount Olive	64.3
*1984			Long Valley	70.3	Long Valley	68.6
1985			Long Valley	67.5	Long Valley	68.3
1986			Long Valley	65.9	Long Valley	68.4
1987			Roxbury	66.5	Long Valley	66.6

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

Long Jump

1973	NA		13-4	Judy Taylor	Mendham	11-4
1974	Ken Balcerski	Roxbury	13-5 ½	Joan LaChance	Hopatcong	11-9
1975	Kevin Stillwell	Roxbury	12-2	Joan LaChance	Hopatcong	11-8 ¾
1976	Kelly Henderson	Bernards	13-5 ¼	Amy Meyer	Bernards	11-7 ¾
1977	Pete Hopson	Mendham	13-5	Tanya Smolin	Randolph	12-7 ¼
1978	Brian Padian	Mountain Lakes	12-5 ¼	Leyie Cooke	Denville	11-3 ¼
1979	Mike Goodson	Randolph	13-6	Taryn Barnes	Randolph	12-1 ½
1980	Mike Guerrini	Roxbury	12-11	Marie Farkas	Denville	12-2 ½
1981	Bob Sherman	Mount Olive	13-7	Kristin Gresko	Randolph	12-4
1982	Cecil Barrett	Randolph	13-6 ¾	Jessica Shilakes	Randolph	12-2 ¼
1983	Rob Melton	Hopatcong	13-1 ½	Kerry Kirkland	Mount Olive	12-6 ½
*1984	Rocky Clark	Madison	12-5	Shari Crawn	Roxbury	11-3 ¼
1985	Rocky Clark	Madsion	13-6	Amy Grabow	Mountain Lakes	11-5
1986	Trevor Magyar	Mountain Lakes	12-5 ½	Christine Kelly	Madison	11-6 ¾
1987	Mike Walsh	Denville	12-1	Kim Gutman	Long Valley	11-1 ½
1988	Carmine Bruno	Mount Olive	11-9 ¼	Megan Dondero	Long Valley	11-10
1989	Joe Ippolito	Rockaway Twp	12-11 ¼	Lauren Waters	Randolph	12-2 ½
1990	Eddie Jacobs	Mount Olive	12-2 ¼	Laura Friedman	Randolph	11-10
1991	Clarence Curry	Parsippany	12-6	Katie Neupert	Randolph	12-0 ¼
1992	Matt Strange	Madison	12-0	Elizabeth Tutschek	Mountain Lakes	11-11 ½
1993	Jeremy Agee	Mount Olive	12-11 ¼	Katie Sabastian	Denville	12-9 ½
1994	Dave Snell	Madison	13-2 ¾	Elizabeth Bewalder	Roxbury	10-7 ¼
1995	Brett Morrell	Parsippany	12-8 ¾	Christine Dobrosky	Mountain Lakes	10-0 ¾
1996	Shawn Bolcarovic	Rockaway Twp.	13-1 ½	Bimpe Fageyinbo	Parsippany	10-5 ½
1997	Jeff Jarvis	Rockaway Twp	12-6	Bimpe Fageyinbo	Parsippany	10-7 ½
1998	Michael Hadley	Long Valley	12-0 ¼	Aiyda Ghahramani	Long Valley	11-9 ¼
1999	Chris Colucci	Denville	10-11	Lauren Palazzi	Mountain Lakes	10-9
2000	Chris Trombetta	Parsippany	12-4	Bianca Reo	Parsippany	12-0
2001	Louis Zarro	Randolph	12-6	Ally Reo	Parsippany	12-7
2002	Michael Johnson	Montville	12-0	Paige Fox	Rockaway Twp	11-4 ½
2003	Julian Aiken	Randolph	12-6 ¼	Kristen Muhaw	Montville	11-4 ½
2004	Kieran Kenny	Mendham	12-7	Alanna Hutchinson-Lundy	Mount Olive	12-0 ½
2005	Thayer Wallace	Randolph	13-3	Andrea Bush	Rockaway Twp	11-6
2006	Jack Horan	Mendham	12-11	Amy Nemeth	Mount Olive	11-6 ½
2007	Greg Stickle	Randolph	12-5 ½	Casey Lyness	Rockaway Boro	11-7
2008	Marcus Workman	Parsippany	12-6 ½	Michelle Golowko	Montville	11-5 ½
2009	Max Guillosou	Mount Olive	12-4 ¼	Lanie Seijas	Mountain Lakes	11-6 ¾
2010	Matias Pellegrino	Denville	13-2 ½	Katie Douglas	Randolph	11-7
2011	Angelo Macera	Rockaway Boro	13-10 ½	Ava Halpin	Mendham	10-11 ¼
2012	George St, Angelo Hopatcong		14-1 ½	Karen Hull	Randolph	12-1
2013	Nathan Post	Chester	11-10 ¾	Sarah Hanifan	Mendham	11-6 ¼
2014	MJ Green	Dover	12-5	Emma Kosiorowski	Denville	12-7 ½
2015	Sheldon Agyemang	Parsippany	11-10 ½	Chloe Kamp	Randolph	12-4
2016	Micah Jones	Mount Olive	13-3 ¼	Carolina Tsang	Mountain Lakes	12-5 1/4
2017	Johnny Vieira	Long Valley	12-6	Miya Megaro	Montville	11-5 ½
2018	Kevin Grundy	Chatham	13-9 ½	Seannah Parsons	Randolph	12-6 ¼
2019	Kelly Maxwell	Roxbury	11-11 ½	Bailey Huang	Parsippany	11-9 ½
2021	Calvin Lim	Mountain Lakes	12-6	Olivia Akpan	Roxbury	11-8 ¼
2022	Grayson Otero	Hackettstown	12-9	Jacqueline Ball	Randolph	11-5

LAKELAND JUNIOR TRACK & FIELD LEAGUE

BOYS 9 - 10

GIRLS 9 - 10

Shot Put

1974	Jim Henches	Roxbury	28-9 ½	Sue Morgan	Roxbury	21-5 ½
1975	Curtis Mayer	Mountain Lakes	24-7	Theresa MacDonald	Bernards	21-3
1976	Kelly Henderson	Bernards	24-0	Kim Doran	Randolph	19-6 ½
1977	Scott Desiderio	Randolph	25-9 ½	Tressy Burney	Randolph	20-2 ¾
1978	Jim Swenty	Denville	25-1	Jeanne Huber	Randolph	22-1 ¼
1979	Rob DeFlumeri	Denville	25-4 ½	Christine Greenwood	Mt Arlington	21-10 ½
1980	Rob DeFlumeri	Denville	26-8 ¼	Jeanne Ruppel	Denville	21-0 ¾
1981	Todd Mastrovitch	Hopatcong	28-5 ½	Jim Giganti	Hopatcong	23-6 ½
1982	Steve Storz	Randolph	27-5	Dawn Wollinger	Mendham	26-0 ¼
1983	Mike Westhead	Madison	28-2	Dana Anderson	Randolph	23-3 ½
*1984	John Golladay	Long Valley	19-4 ¼	Sarah Carlson	Mountain Lakes	18-7 ¼
1985	Mike Saxon	Randolph	23-4 ½	Danielle Montecucollo	Randolph	17-11 ¼
1986	Scott Burgess	Denville	26-10 ½	Tammy Nittoli	Rockaway Boro	20-7 ½
1987	Jason Vilardi	Long Valley	25-5 ¼	Justine Harrington	Long Valley	17-11
1988	Russell Buckman		23-10 ½	Justine Harrington	Long Valley	19-4 ¼
1989	Ian Holton	Roxbury	22-7 ½	Jennifer Avallon	Long Valley	16-11 ¼
1990	Bryce Reed	Long Valley	20-11	Anna Raupp	Long Valley	16-7
1991	Scott Burgess	Denville	26-10 ½	Jody Arends	Randolph	23-11 ¼
1992	Marco Moraga	Parsippany	25-7 ½	Devon Humphrey	Parsippany	21-3
1993	Mike McClain	Rockaway Boro	22-5 ¼	Margaret Hager	Randolph	18-0
1994	Mortie Pertz	Parsippany	23-11 ½	Desiree Reinhardt	Long Valley	16-8
1995	Sergio Moraga	Parsippany	25-1	Eva Goordman	Parsippany	21-11
1996	Sergio Moraga	Parsippany	27-6	Jessica Ziolkowski	Parsippany	18-3 ½
1997	Victor Moraga	Parsippany	22-7	Ashley Evans	Madison	17-3 ¾
1998	Matt Loeffler	Roxbury	20-5 ¾	Paris Battle	Randolph	17-3 ½
1999	Tim Lum	Long Valley	20-3	Katelin Loeffler	Roxbury	17-5
2000	Jay Main	Denville	20-11 ½	Michelle Wiczorek	Mountain Lakes	19-0
2001	Cole Farrand	Rockaway Twp	26-2	Amanda Meytrott	Montville	19-1 ¼
2002	Cole Farrand	Rockaway Twp	29-1 ¼	Jennifer Jarvis	Rockaway Twp	18-7
2003	Cameron Rohsler	Chester	23-3 ½	Jennifer Jarvis	Rockaway Twp	27-9 ¾
2004	Elijah Cannon	Randolph	25-0	Allysa Johansen	Montville	17-6
2005	Matthew Sinatra	Rockaway Twp	21-10 ¼	Imani Jenkins	Rockaway Twp	20-10
2006	Syam Khan	Rockaway Boro	21-11 ½	Cyerra Pierson	Stanhope	21-5 ½
2007	Syam Khan	Rockaway Boro	23-6 ¾	Kara Corry	Rockaway Boro	19-3 ¾
2008	Brayan Rodriguez	Hopatcong	25-5 ¼	Abigail Sequeira	Randolph	19-8 ¼
2009	Jeffery Okudah	Parsippany	23-8 ¾	Jenna Catalano	Rockaway Boro	17-8
2010	Ahsan Huland El	Randolph	26-1	Nicole Villamil	Montville	18-3
2011	Matt Wisotsky	Mendham	22-6	Madison Perna	Rockaway Boro	19-6
2012	Trey Effner	Denville	23-0	Michelle Arshad	Rockaway Boro	19-9 ¼
2013	Elijah Hills	Rockaway Boro	22-4 ¼	Cheyenne Vazquez	Mount Olive	18-11 ½
2014	Christopher Brandon	Randolph	22-4	Joyada Darby	Parsippany	20-6
2015	Vincent Paglucci	Parsippany	22-1 ½	Mia Mataczynski	Long Valley	18-9 ½
2016	Samuel Fara	Hopatcong	21-1	Angelina Fernandez	Paerippany	21-2 ½
2017	Chris Walter	Rockaway Boro	24-2 ½	Ava Burroughs	Madison	18-3
2018	John Aymil	Mendham	23-3	Lilah Nydam	Chatham	18-1 ½
2019	Akash Salapaka	Mount Olive	22-7 ¼	Veronica Perry	Madison	19-8 ¼
2021	Bode Heller	Hackettstown	19-5 ½	Sasha Elliot	Hackettstown	16-6
2022	Shane Nelson	Randolph	24-0	Julia Pereria	Rockaway Twp	18-1