

1990 LAKELAND JUNIOR TRACK AND FIELD CHAMPIONSHIP

JUNE 3, 1990

BOYS FINAL TEAM SCORES

1. ROXBURY	92.00	7. RANDOLPH	51.00
2. MOUNT OLIVE	78.00	8. DENVILLE	35.00
3. ROCKAWAY TOWNSHIP	76.00	9. HOPATCONG	23.00
4. LONG VALLEY	75.00	10. MADISON	16.00
5T. PARSIPPANY	60.00	11. MOUNTAIN LAKES	10.00
5T. ROCKAWAY BORO	60.00		

Compu-Track Scoring 4840 N. 20th Lincoln, NE 68521

1990 JUNIOR TRACK AND FIELD CHAMPIONSHIP

JUNE 3, 1990

GIRLS FINAL TEAM SCORES

1. LONG VALLEY	113.50	7. DENVILLE	34.00
2. RANDOLPH	99.50	8. MADISON	30.00
3. MOUNTAIN LAKES	98.00	9. PARSIPPANY	24.00
4. MOUNT OLIVE	72.00	10. ROCKAWAY BORO	13.00
5T. ROCKAWAY TOWNSHIP	41.00	11. HOPATCONG	10.00
5T. ROXBURY	41.00		

Compu-Track Scoring 4840 N. 20th Lincoln, NE 68521

DIVISION I

(1) Long Valley	188.5
(2) Randolph	150.5
(3) Mount Olive	150
(4) Roxbury	133
(5) Parsippany	84

DIVISION II

(1) Rockaway Twp	117
(2) Mountain Lakes	108
(3) Rockaway Boro	73
(4) Denville	69
(5) Madison	46
(6) Hopatcong	33

13-14 100M

RECORD: NICK AVALLONE PARSIPPANY 11.9 1989

1.	D. CORBOTT	ROXBURY	12.20
2.	PETE ALESSI	ROCKAWAY TOWNSHIP	12.50
3.	JASON BURRELL	PARSIPPANY	13.00
4.	DOMINIC DELLAVALLE	ROCKAWAY BORO	13.30
5.	G. WILLINER	ROXBURY	13.30
6.	PAUL NEWCHACK	ROCKAWAY TOWNSHIP	13.30

PAR- 4.0 RB- 3.0 RT- 7.0 ROX-10.0

13-14 200M

RECORD: MARK RUFFOLO HOPATCONG 24.7 1983

1.	D. CORBOTT	ROXBURY	25.70
2.	PETER ALESSI	ROCKAWAY TOWNSHIP	26.00
3.	JEFF BOWER	LONG VALLEY	26.80
4.	PAUL NEWCHACK	ROCKAWAY TOWNSHIP	26.90
5.	TIM O'LEARY	ROCKAWAY BORO	27.00
6.	JASON BURRELL	PARSIPPANY	27.40

LV- 4.0 PAR- 1.0 RB- 2.0 RT- 3.0 ROX- 3.0

13-14 400M

RECORD: SCOTT MUTCHLER ROXBURY 54.9 1987

1.	RIFENBERG	ROXBURY	59.10
2.	MATT LOBRON	LONG VALLEY	61.20
3.	JANTZEN	ROXBURY	61.50
4.	TODD KIEHN	ROCKAWAY BORO	62.20
5.	RICK MIRRO	LONG VALLEY	62.70
6.	JAMES THORMAN	PARSIPPANY	63.20

LV- 3.0 PAR- 1.0 RB- 3.0 ROX-12.0

13-14 800M

RECORD: DAVE ARICO ROXBURY 2:12.9 1989

1.	CHRIS SEIFERT	ROCKAWAY BORO	2:13.30
2.	MIKE RANDALL	LONG VALLEY	2:16.30
3.	RIFENBERG	ROXBURY	2:18.50
4.	TODD KIEHN	ROCKAWAY BORO	2:20.20
5.	ADRIAN GRIEGAL	RANDOLPH	2:20.80
6.	RICK MIRRO	LONG VALLEY	2:23.80

LV- 7.0 RAN- 2.0 RB-11.0 ROX- 4.0

13-14 MILE

RECORD: CHRIS BLANCHET BERNARDSVILLE 4:55.7 1979

1.	TIM O'LEARY	ROCKAWAY BORO	5:11.00
2.	KEVIN BULLOCK	ROXBURY	5:13.00
3.	CHRIS SEIFERT	ROCKAWAY BORO	5:21.60
4.	MIKE RANDALL	LONG VALLEY	5:24.00
5.	ADRIAN GRIEGAL	RANDOLPH	5:29.00
6.	SEAN TAFARO	LONG VALLEY	5:32.20

LV- 4.0 RAN- 2.0 RB-12.0 ROX- 6.0

13-14 400M RELAY

RECORD: MOUNT OLIVE 49.2 1987

1.	ROXBURY	51.90
2.	ROCKAWAY BORO	52.80
3.	LONG VALLEY	53.00
4.	PARSIPPANY	53.40
5.	ROCKAWAY TOWNSHIP	55.30
6.	DENVILLE	55.80

DEN- 1.0 LV- 4.0 PAR- 3.0 RB- 6.0 RT- 2.0 ROX- 8.0

13-14 SHOT PUT

RECORD: MIKE MORRIS HARDING TOWNSHIP 46' 1-1/2 1981

1.	PAUL TULLO	ROCKAWAY BORO	38'	4 1/4"
2.	KRIS MCKINNEY	HOPATCONG	36'	11"
3.	SCOTT JENTZEN	ROXBURY	36'	4 1/2"
4.	JOHN TAPERINO	PARSIPPANY	35'	6 1/2"
5.	JASON VILARDI	LONG VALLEY	34'	0"
6.	STEVE RINDONE	PARSIPPANY	33'	0 1/2"

HOP- 6.0 LV- 2.0 PAR- 4.0 RB- 8.0 ROX- 4.0

13-14 LONG JUMP

RECORD: ERIC BOUCHELL RANDOLPH 18' 10 1973

1.	DARYL CORBETT	ROXBURY	16'	1 3/4"
2.	PETE ALESI	ROCKAWAY TOWNSHIP	16'	0 1/2"
3.	RICH MIRRO	LONG VALLEY	15'	4 1/4"
4.	PAUL NEWCHAK	ROCKAWAY TOWNSHIP	15'	2 1/4"
5.	TODD KIEHN	ROCKAWAY BORO	15'	0 3/4"
6.	JIM THORMAN	PARSIPPANY	14'	8 1/4"

LV- 4.0 PAR- 1.0 RB- 2.0 RT- 9.0 ROX- 8.0

11-12 100M

RECORD: PETER PHAN MADISON 13.0 1986

1.	RUSSELL BUCKMAN	DENVILLE	13.10
2.	ELLIOTT WILLIAMS	ROXBURY	13.60
3.	BRAD COLEMAN	RANDOLPH	13.70
4.	KEVIN DEEGAN	PARSIPPANY	14.10
5.	NICK GUZZARDO	PARSIPPANY	14.30
6.	JIMMY FANGALLO	ROCKAWAY BORO	14.40

DEN- 8.0 PAR- 5.0 RAN- 4.0 RB- 1.0 ROX- 6.0

11-12 200M.

RECORD: NICK AVALLONE PARPAPPANY 27.8 1987

1.	RUSSELL BACKMANN	DENVILLE	28.60
2.	BRAD COLEMAN	RANDOLPH	28.60
3.	JOEY IPPOLITO	ROCKAWAY TOWNSHIP	29.40
4.	KEVIN DEEGAN	PARSIPPANY	29.50
5.	JIMMY FANGALLO	ROCKAWAY BORO	29.60
6.	CHRIS ARENDS	RANDOLPH	30.00

DEN- 8.0 PAR- 3.0 RAN- 7.0 RB- 2.0 RT- 4.0

11-12 400M

RECORD: RICK ROFF ROXBURY 65.4 1987

1.	ELLIOTT WILLIAMS	ROXBURY	1:06.50
2.	DAN ROSEN	MADISON	1:06.90
3.	TIM CAPONE	MOUNT OLIVE	1:08.70
4.	NICK MADISON	MOUNTAIN LAKES	1:09.00
5.	LOUIS KUD	PARSIPPANY	1:09.40
6.	KEITH BUNNICANT	HOPATCONG	1:09.50

HOP- 1.0 MAD- 6.0 MO- 4.0 ML- 3.0 PAR- 2.0 ROX- 8.0

11-12 800M

RECORD: CHRIS SEIFERT ROCKAWAY BORO 2:23.9 1989

1.	CHARLIE LARSEN	HOPATCONG	2:30.70
2.	TIM CAPONE	MOUNT OLIVE	2:34.00
3.	DAN ROSEN	MADISON	2:34.40
4.	JASON LARSON	PARSIPPANY	2:36.90
5.	SPANSTRA	ROXBURY	2:38.30
6.	CHRIS ARENDS	RANDOLPH	2:38.40

HOP- 8.0 MAD- 4.0 MO- 6.0 PAR- 3.0 RAN- 1.0 ROX- 2.0

11-12 MILE

RECORD: BRIAN PASSANTI ROXBURY 5:25.9 1985

1.	CHARLIE LARSEN	HOPATCONG	5:42.40
2.	NICK MADISON	MOUNTAIN LAKES	5:42.40
3.	IAN GROOM	ROCKAWAY BORO	5:52.10
4.	JASON LARSON	PARSIPPANY	5:57.30
5.	MIKE MEIN	ROCKAWAY TOWNSHIP	6:05.30
6.	EUGENE DALY	PARSIPPANY	6:11.50

HOP- 8.0 ML- 6.0 PAR- 4.0 RB- 4.0 RT- 2.0

11-12 400M RELAY

RECORD: PARSIPPANY 56.5 1987

1.	PARSIPPANY	57.40
2.	ROXBURY	57.40
3.	RANDOLPH	57.40
4.	LONG VALLEY	59.40
5.	ROCKAWAY TOWNSHIP	60.30
6.	ROCKAWAY BORO	61.10

LV- 3.0 PAR- 8.0 RAN- 4.0 RB- 1.0 RT- 2.0 ROX- 6.0

11-12 SHOT PUT

RECORD: NICK AVALLONE PARSIPPANY 35' 9 1987

1.	RUSS BACHMANN	DENVILLE	29'	10 1/2"
2.	JOHN HOLLY	RANDOLPH	29'	1 1/4"
3.	JAMIE SPAANSTRA	ROXBURY	29'	0 3/4"
4.	BRAD COLEMAN	RANDOLPH	27'	11 1/2"
5.	ROBBIE CARROLL	ROCKAWAY TOWNSHIP	27'	5 3/4"
6.	GLEN DIORIO	PARSIPPANY	25'	7"

DEN- 8.0 PAR- 1.0 RAN- 9.0 RT- 2.0 ROX- 4.0

11-12 LONG JUMP

PREVIOUS RECORD: ROCKY CLARK MADISON 14' 3-3/4 1986
 RECORD: JOE IPPOLITO ROCKAWAY TOWNSHIP 14' 4-3/4 1990

1.	JOE IPPOLITO	ROCKAWAY TOWNSHIP	14'	4 3/4"
2.	LEX WILSON	DENVILLE	13'	2 3/4"
3.	JOHN HOLLY	RANDOLPH	13'	1 1/2"
4.	CHRIS CARTER	RANDOLPH	13'	0 3/4"
5.	KEVIN SPEICHER	LONG VALLEY	12'	9 1/4"
6.	ERIC COHEN	MOUNTAIN LAKES	12'	4"

DEN- 6.0 LV- 2.0 ML- 1.0 RAN- 7.0 RT- 8.0

9-10 100M

PREVIOUS RECORD: NEW EVENT
 RECORD: KENNY BUCHANAN LONG VALLEY 14.7 1990

1.	KENNY BUCHANAN	LONG VALLEY	14.70
2.	KEVIN VAUGHN	MOUNT OLIVE	15.10
3.	ERIC HARD	ROCKAWAY TOWNSHIP	15.20
4.	CLARENCE CURRY	PARSIPPANY	15.50
5.	JIMMY IPPOLITO	ROCKAWAY TOWNSHIP	15.60
6.	KEN EDWARDS	PARSIPPANY	15.70

LV- 8.0 MO- 6.0 PAR- 4.0 RT- 6.0

9-10 200M

PREVIOUS RECORD: KEVIN BULLOCK ROXBURY 30.1 1986
 RECORD: KEVIN BULLOCK/BILL ENGEL ROXBURY/MT. OLIVE 30.1 1986/1990

1.	BILL ENGEL	MOUNT OLIVE	30.10
2.	KENNY BUCHANAN	LONG VALLEY	31.00
3.	ELLIOTT SPRINGER	ROCKAWAY TOWNSHIP	31.70
4.	CLARENCE CURRY	PARSIPPANY	31.70
5.	KEVIN VAUGHN	MOUNT OLIVE	31.70
6.	KEN EDWARDS	PARSIPPANY	33.20

LV- 6.0 MO-10.0 PAR- 4.0 RT- 4.0

9-10 400M

PREVIOUS RECORD: NEW EVENT
 RECORD: EDDIE JACOBS MOUNT OLIVE 1:08.9 1990

1.	EDDIE JACOBS	MOUNT OLIVE	1:08.90
2.	ADAM CARMAN	RANDOLPH	1:14.70
3.	TOM VALAND	MADISON	1:15.70
4.	ERIK HAND	ROCKAWAY TOWNSHIP	1:16.30
5.	RICHARD ZUKOWSKI	LONG VALLEY	1:17.00
6.	LEO REDMOND	ROCKAWAY BORO	1:17.50

LV- 2.0 MAD- 4.0 MO- 8.0 RAN- 6.0 RB- 1.0 RT- 3.0

9-10 800M

PREVIOUS RECORD: NEW EVENT
 RECORD: EDDIE JACOBS MOUNT OLIVE 2:38.4 1990

1.	EDDIE JACOBS	MOUNT OLIVE	2:38.40
2.	ADAM CARMAN	RANDOLPH	2:45.00
3.	ELLIOTT SPRINGER	ROCKAWAY TOWNSHIP	2:51.90
4.	ED REDMOND	ROCKAWAY BORO	2:54.00
5.	RYAN TIMMERMAN	PARSIPPANY	2:55.80
6.	CORY GROVES	ROCKAWAY BORO	3:04.30

MO- 8.0 PAR- 2.0 RAN- 6.0 RB- 4.0 RT- 4.0

9-10 MILE

PREVIOUS RECORD: CHARLIE LARSEN HOPATCONG 5:44.9 1989
 RECORD: BILL ENGEL MOUNT OLIVE 5:29.4 1990

1.	BILL ENGEL	MOUNT OLIVE	5:29.40
2.	STEVE SLATTERY	MOUNT OLIVE	5:41.50
3.	WILL CARROLL	DENVILLE	6:13.60
4.	RICHARD ZUKOWSKI	LONG VALLEY	6:25.20
5.	MATTHEW STRANGE	MADISON	6:29.60
6.	KEN GOGLAS	RANDOLPH	6:30.60

DEN- 4.0 LV- 3.0 MAD- 2.0 MO-14.0 RAN- 1.0

9-10 400M RELAY

RECORD: LONG VALLEY 60.3 1989

1.	MOUNT OLIVE	1:02.30
2.	ROCKAWAY TOWNSHIP	1:03.30
3.	LONG VALLEY	1:03.60
4.	PARSIPPANY	1:06.10
5.	RANDOLPH	1:07.30
6.	ROXBURY	1:08.00

LV- 4.0 MO- 8.0 PAR- 3.0 RAN- 2.0 RT- 6.0 ROX- 1.0

9-10 SHOT PUT

RECORD: SCOTT BURGESS DENVILLE 26' 10-1/2 1986

1.	BRYCE REED	LONG VALLEY	20' 11"
2.	BILL ENGEL	MOUNT OLIVE	20' 5 1/4"
3.	PAT FITZGERALD	PARSIPPANY	20' 2"
4.	NICK MUSCOLINO	ROCKAWAY TOWNSHIP	18' 11 3/4"
5.	D.J. MCCOACH	ROCKAWAY TOWNSHIP	18' 11"
6.	KEVIN LONG	PARSIPPANY	18' 9 1/4"

LV- 8.0 MO- 6.0 PAR- 5.0 RT- 5.0

9-10 LONG JUMP

RECORD: ROCKY CLARK MADISON 13' 6 1985

1.	ED JACOBS	MOUNT OLIVE	12' 2 1/4"
2.	KEN BUCHANNAN	LONG VALLEY	11' 6"
3.	ERIC BOCHNER	ROXBURY	11' 3"
4.	ERIK HAND	ROCKAWAY TOWNSHIP	11' 2 1/4"
5.	KEN EDWARDS	PARSIPPANY	11' 0"
6.	AUSTIN MCMAHON	ROXBURY	10' 8 1/4"

LV- 6.0 MO- 8.0 PAR- 2.0 RT- 3.0 ROX- 5.0

13-14 100M

RECORD: KERRY KIRKLAND MOUNT OLIVE 12.9 1985

1.	LESLIE HERZOG	MOUNTAIN LAKES	13.20
2.	CONNIE LOBB	ROXBURY	13.20
3.	LAURIE PETILLO	LONG VALLEY	13.50
4.	JENNIFER GERSHBERG	PARSIPPANY	13.80
5.	SASHA RAUPP	LONG VALLEY	13.80
6.	S. DORAN	RANDOLPH	13.90

LV- 6.0 ML- 8.0 PAR- 3.0 RAN- 1.0 ROX- 6.0

13-14 200M

PREVIOUS RECORD:

TANYA SMOLIN/AMY GRABOW RANDOLPH/MOUNTAIN LAKES 27.4 1980/1988
RECORD: CONNIE LOBB ROXBURY 27.1 1990

1.	CONNIE LOBB	ROXBURY	27.10
2.	KRISTEN SHEAVES	ROCKAWAY TOWNSHIP	27.70
3.	LESLIE HERZOG	MOUNTAIN LAKES	27.70
4T.	SASHA RAUPP	LONG VALLEY	28.60
4T.	SARAH DORAN	RANDOLPH	28.60
6.	GINA MARISCA	LONG VALLEY	29.00

LV- 3.5 ML- 4.0 RAN- 2.5 RT- 6.0 ROX- 8.0

13-14 400M

RECORD: AMY GRABOW MOUNTAIN LAKES 60.1 1988

1.	CARA NATOLI	MOUNTAIN LAKES	1:06.70
2.	CHRIS BURGHARDT	ROCKAWAY TOWNSHIP	1:07.90
3.	MEGAN O'BRIEN	LONG VALLEY	1:08.10
4.	CARRIE HESS	MADISON	1:08.20
5.	EILEEN TISSOT	PARSIPPANY	1:08.70
6.	JENNIFER LEPPHEN	LONG VALLEY	1:08.80

LV- 5.0 MAD- 3.0 ML- 8.0 PAR- 2.0 RT- 6.0

13-14 800M

RECORD: JAN BLAKE DENVERVILLE 2:22.7 1988

1.	KRISTEN SHEAVES	ROCKAWAY TOWNSHIP	2:32.70
2.	CHRISTINE KELLY	MADISON	2:35.40
3.	JENNIFER LEPPHEN	LONG VALLEY	2:38.90
4.	PAM SUNSHINE	ROXBURY	2:41.20
5.	MEGAN O'BRIEN	LONG VALLEY	2:41.80
6.	KATIE CIEPLIK	PARSIPPANY	2:47.10

LV- 6.0 MAD- 6.0 PAR- 1.0 RT- 8.0 ROX- 3.0

13-14 MILE

RECORD: MEG WALDRON BERNARDSVILLE 5:14.3 1979

1.	CHRISTINE KELLY	MADISON	5:56.50
2.	HEATHER ARMSTRONG	HOPATCONG	5:59.50
3.	CATHY O'BRIEN	ROCKAWAY TOWNSHIP	6:03.30
4.	KELLY WOLFF	LONG VALLEY	6:08.20
5.	GWEN URWIN	ROCKAWAY BORO	6:15.30
6.	PAM SUNSHINE	ROXBURY	6:20.70

HOP- 6.0 LV- 3.0 MAD- 8.0 RB- 2.0 RT- 4.0 ROX- 1.0

13-14 400M RELAY

RECORD: MOUNT OLIVE 53.7 1985

1.	LONG VALLEY	55.00
2.	MOUNTAIN LAKES	55.40
3.	PARSIPPANY	56.50
4.	DENVILLE	57.70
5.	RANDOLPH	58.30
6.	ROCKAWAY TOWNSHIP	58.70

DEN- 3.0 LV- 8.0 ML- 6.0 PAR- 4.0 RAN- 2.0 RT- 1.0

13-14 SHOT PUT

RECORD: KARIN SCHWARTZ MOUNTAIN LAKES 33' 6 1987

1.	BECKY RICHIE	LONG VALLEY	30'	3 1/4"
2.	RACHELLE GEBNARD	ROCKAWAY TOWNSHIP	27'	2 1/2"
3.	EILEEN TISSOT	PARSIPPANY	26'	10 1/2"
4.	DAWN WALKER	RANDOLPH	26'	6"
5.	RACHEL MANDEL	PARSIPPANY	25'	5 3/4"
6.	CHRIS BURGHARDT	ROCKAWAY TOWNSHIP	24'	0 1/2"

LV- 8.0 PAR- 6.0 RAN- 3.0 RT- 7.0

13-14 LONG JUMP

RECORD: TANYA SMOLIN RANDOLPH 16' 4-3/4 1980

1.	SASHA RAUPP	LONG VALLEY	14'	10"
2.	CARA NATOLI	MOUNTAIN LAKES	14'	2 1/4"
3.	CONNIE LOBB	ROXBURY	14'	2"
4.	CARRIE HESS	MADISON	13'	11"
5.	KRIS SHEAVES	ROCKAWAY TOWNSHIP	13'	5"
6.	CHRIS KELLY	MADISON	13'	3 3/4"

LV- 8.0 MAD- 4.0 ML- 6.0 RT- 2.0 ROX- 4.0

11-12 100M

PREVIOUS RECORD:

KERRY KIRKLAND/NICOLE SCHILLING MOUNT OLIVE/DENVILLE 14.2 1984/1985
 RECORD: COURTNEY MACDONALD DENVILLE 13.8 1990

1.	COURTNEY MACDONALD	DENVILLE	13.80
2.	COLBY CARRIER	MOUNTAIN LAKES	14.30
3.	DEBBIE ACKERMAN	RANDOLPH	14.50
4.	LAUREN WATERS	RANDOLPH	14.60
5.	APRIL KOTTELES	ROCKAWAY BORO	14.80
6.	MAUREEN ODENWELDER	MOUNTAIN LAKES	14.90

DEN- 8.0 ML- 7.0 RAN- 7.0 RB- 2.0

11-12 200M

RECORD: AMY GRABOW MOUNTAIN LAKES 28.5 1987

1.	COLBY CARRIER	MOUNTAIN LAKES	30.30
2.	SARA HUBER	RANDOLPH	30.30
3.	APRIL KOTTELES	ROCKAWAY BORO	30.70
4.	MEGAN DONDERO	LONG VALLEY	30.70
5.	ANNA THOMAS	MOUNT OLIVE	31.00
6.	MARY ELLEN CASSE	MOUNT OLIVE	31.10

LV- 3.0 MO- 3.0 ML- 8.0 RAN- 6.0 RB- 4.0

11-12 400M

RECORD: AMY GRABOW MOUNTAIN LAKES 62.6 1987

1.	COURTNEY MACDONALD	DENVILLE	1:08.20
2.	SARA HUBER	RANDOLPH	1:08.30
3.	MARY ELLEN CASSE	MOUNT OLIVE	1:10.20
4.	MEGAN OLIVER	MADISON	1:11.20
5.	CARRIE WOYNEROWSKI	MOUNTAIN LAKES	1:13.10
6.	KELLY TAPKAS	LONG VALLEY	1:13.60

DEN- 8.0 LV- 1.0 MAD- 3.0 MO- 4.0 ML- 2.0 RAN- 6.0

11-12 800M

RECORD: KRISTIN SHEAVES ROCKAWAY TOWNSHIP 2:32.4 1989

1.	PATSY CORS	MOUNTAIN LAKES	2:41.30
2.	BECCA LONG	PARSIPPANY	2:42.00
3.	KRISTINE GENUTIS	MOUNT OLIVE	2:44.80
4.	SUSIE HUTCHINS	RANDOLPH	2:45.80
5.	KELLY TAPKAS	LONG VALLEY	2:46.90
6.	MALINDA STRANGE	MADISON	2:48.40

LV- 2.0 MAD- 1.0 MO- 4.0 ML- 8.0 PAR- 6.0 RAN- 3.0

11-12 MILE

RECORD: CHRISTINE ENGEL MOUNT OLIVE 5:43.8 1986

1.	SUSIE HUTCHINS	RANDOLPH	6:08.20
2.	PATSY CORS	MOUNTAIN LAKES	6:08.30
3.	MARIANNE BUTLER	LONG VALLEY	6:11.90
4.	LIZ REMUS	MADISON	6:14.90
5.	BECCA LONG	PARSIPPANY	6:18.60
6.	KRISTINE GENUTIS	MOUNT OLIVE	6:37.60

LV- 4.0 MAD- 3.0 MO- 1.0 ML- 6.0 PAR- 2.0 RAN- 8.0

11-12 400M RELAY

RECORD: DENVILLE 57.5 1986

1.	RANDOLPH	58.70
2.	MOUNT OLIVE	58.90
3.	LONG VALLEY	59.30
4.	MOUNTAIN LAKES	59.40
5.	MADISON	60.60
6.	ROCKAWAY BORO	62.40

LV- 4.0 MAD- 2.0 MO- 6.0 ML- 3.0 RAN- 8.0 RB- 1.0

11-12 SHOT PUT

RECORD: SANDY FRENCH MOUNTAIN LAKES 32' 2-1/2 1986

1.	MAUREEN ODENWELDER	MOUNTAIN LAKES	23'	9 1/4"
2.	SABINA RIPKA	LONG VALLEY	22'	6"
3.	KIM SHORTINO	ROXBURY	21'	11 1/4"
4.	DANIELLE GRIFFITHS	MOUNT OLIVE	21'	9 1/2"
5.	JEN AVALONE	LONG VALLEY	21'	6"
6.	SARA HUBER	RANDOLPH	20'	3 1/4"

LV- 8.0 MO- 3.0 ML- 8.0 RAN- 1.0 ROX- 4.0

11-12 LONG JUMP

RECORD: CARLA DEBIASI ROXBURY 13-8 1984

1.	MARY ELLE CASSE	MOUNT OLIVE	12'	5 1/4"
2.	SISSEL OSTENSJO	MOUNTAIN LAKES	11'	9 1/4"
3.	LAUREN WATERS	RANDOLPH	11'	6"
4.	MEGAN MCCOY	LONG VALLEY	11'	4 3/4"
5.	COLBY CARRIER	MOUNTAIN LAKES	11'	3 3/4"
6.	TASHY BOHM	LONG VALLEY	11'	2 3/4"

LV- 4.0 MO- 8.0 ML- 8.0 RAN- 4.0

9-10 100M

PREVIOUS RECORD: NEW EVENT
 RECORD: JOHANNA CANCELLIERE DENVILLE 15.0 1990

1.	JOHANNA CANCELLIERE	DENVILLE	15.00
2.	REENA NAYAK	MOUNT OLIVE	15.30
3.	LAURA FRIEDMAN	RANDOLPH	15.30
4.	JULIA THOMAS	MOUNT OLIVE	15.50
5.	KATIE NEUPERT	RANDOLPH	15.46
6.	BRYONY COOK	MOUNTAIN LAKES	16.50

DEN- 8.0 MO- 9.0 ML- 1.0 RAN- 6.0

9-10 200M

RECORD: AMY GRABOW MOUNTAIN LAKES 30.8 1985

1.	PAM SOBIESKI	LONG VALLEY	32.20
2.	DARI MAGYAR	MOUNTAIN LAKES	33.00
3.	KATIE NEUPERT	RANDOLPH	33.00
4.	AMY DONOVAN	DENVILLE	33.30
5.	JULIA THOMAS	MOUNT OLIVE	33.70
6.	MELANIE BADER	ROXBURY	33.70

DEN- 3.0 LV- 8.0 MO- 2.0 ML- 6.0 RAN- 4.0 ROX- 1.0

9-10 400M

PREVIOUS RECORD: NEW EVENT
 RECORD: PAM SOBIESKI LONG VALLEY 1:13.4 1990

1.	PAM SOBIESKI	LONG VALLEY	1:13.40
2.	KIM PRIMAVERA	MOUNT OLIVE	1:15.40
3.	MEGHAN McDONALD	ROXBURY	1:16.40
4.	KELLY FAUVER	RANDOLPH	1:17.20
5.	LAURA FRIEDMAN	RANDOLPH	1:18.60
6.	KATIE CUSKIE	ROCKAWAY TOWNSHIP	1:21.40

LV- 8.0 MO- 6.0 RAN- 5.0 RT- 1.0 ROX- 4.0

9-10 800M

PREVIOUS RECORD: NEW EVENT
 RECORD: KIM PRIMAVERA MOUNT OLIVE 2:48.7 1990

1.	KIM PRIMAVERA	MOUNT OLIVE	2:48.70
2.	MEGHAN McDONALD	ROXBURY	2:54.50
3.	KATIE CUSKIE	ROCKAWAY TOWNSHIP	2:56.90
4.	BETH JONES	RANDOLPH	2:57.60
5.	DARI MAGYAR	MOUNTAIN LAKES	2:57.60
6.	MEGAN WILLERSDORF	RANDOLPH	2:59.80

MO- 8.0 ML- 2.0 RAN- 4.0 RT- 4.0 ROX- 6.0

9-10 MILE

RECORD: CHRISTINE ENGEL MOUNT OLIVE 6:14.3 1984

1.	STEPHANIE SNYDER	RANDOLPH	6:18.50
2.	LAUREN AVALLONE	LONG VALLEY	6:23.40
3.	JODEE ZALAR	RANDOLPH	6:33.10
4.	JENNA GROOM	ROCKAWAY BORO	6:36.80
5.	ALISA COREA	MOUNT OLIVE	6:38.20
6.	AMANDA POLI	MOUNT OLIVE	6:45.00

LV- 6.0 MO- 3.0 RAN-12.0 RB- 3.0

9-10 400M RELAY

RECORD: MOUNTAIN LAKES 61.8 1989

1.	MOUNT OLIVE	62.60
2.	RANDOLPH	63.30
3.	LONG VALLEY	63.30
4.	ROXBURY	65.20
5.	DENVILLE	66.40
6.	MOUNTAIN LAKES	66.70

DEN- 2.0 LV- 4.0 MO- 8.0 ML- 1.0 RAN- 6.0 ROX- 3.0

9-10 SHOT PUT

RECORD: TAMMY NATOLI ROCKAWAY BORO 20' 7-1/2 1986

1.	ANNA RAUPP	LONG VALLEY	16' 7"
2.	DARI MAGYAR	MOUNTAIN LAKES	15' 10"
3.	DEENA PEKATOWSKI	HOPATCONG	15' 6"
4.	REENA NAYAK	MOUNT OLIVE	15' 5 3/4"
5.	KATIE CUSKIE	ROCKAWAY TOWNSHIP	15' 1 1/2"
6.	LAUREN DONAGHER	ROXBURY	14' 7 3/4"

HOP- 4.0 LV- 8.0 MO- 3.0 ML- 6.0 RT- 2.0 ROX- 1.0

9-10 LONG JUMP

RECORD: LAUREN WATERS RANDOLPH 12' 2-1/2 1989

1.	LAURA FRIEDMAN	RANDOLPH	11' 10"
2.	PAM SOBIESKI	LONG VALLEY	11' 5"
3.	REENA NAYAK	MOUNT OLIVE	11' 2 1/4"
4.	LAURA GOGLAS	RANDOLPH	10' 9 1/2"
5.	JOHANNA CANCELLIERE	DENVILLE	10' 9"
6.	JENNA GROOM	ROCKAWAY BORO	10' 3 1/2"

DEN- 2.0 LV- 6.0 MO- 4.0 RAN-11.0 RB- 1.0