

## **MORRIS COUNTY BOYS-WEEK 7 REWIND**

Mendham's dream season continued with another historic victory, Adam Franklin of Mountain Lakes, Josiah Hanko of Trinity Christian, and Greg Leeper of Morris Hills were double winners at the Morris County Championships, and several personal bests and school records were shattered during an action packed week on the track and in the field around Morris County.

Let's start out with the biggest meet of the season in the county-the Morris County Championships last Tuesday and Wednesday, held under bright sunny skies at Boonton.

### **MORRIS COUNTY CHAMPIONSHIPS**

#### **MENDHAM DOES IT AGAIN**

Faced with a 12-point deficit heading into the second and final day of competition, Mendham erupted for 46 points to rally past Randolph and win its first Morris County title, 83-65 over Randolph.

Mendham, which scored 26 points in the field and 57 on the track, capped off its monumental victory by winning the 4x400 in 3:22.41 as Christian Kildal-Brandt anchored in 49.9.

Mendham had several guys contribute to the win. Justin Naselli was second in the 1,600 and the 3,200. Spenser Clouse won the HJ and was third in the LJ. Paul Ehmann was third in the 3,200 and fourth in the 1600. Dylan Heraghty took third in the 400. Kildal-Brandt was third in the 800 and fifth in the 400. Tom Pavarini placed fifth in the 800 and sixth in the 1,600. Adam Mszanski finished second in the PV, John Obiedzinski was fifth in the discus, Stephen Cole fifth with a PR of 42-6 ½, and Cory Pressl was fifth in the IH.

Mendham also received several PR's from Steven Matthews -- 59.07 in the 400 IH, Tyler Pressl -- 4:36 in the 1600, Dan Stanley -- 4:43 in the 1600, Mitch Anderson -- 4:44 in the 1600, Cory Pressl -- 15.74 in the 110 HH, and Ian Graham -- 41-6.75 in the triple jump.

Mendham coach Dave Quinn, whose team also won its first county relay title earlier this month, called this a dream season.

"I thought I was dreaming when we won the Morris County Relays," Quinn said. "I guess I'm still not awake."

In other highlights from the county meet, Adam Franklin of Mountain Lakes, Josiah Hanko of Trinity Christian and Greg Leeper of Morris Hills won two events.

Franklin, the 100 champion on Tuesday in 11.01 (a OR of 10.99 in the semis), added the 200 in 22.14 on Wednesday. Hanko, the 1,600 winner on Tuesday in a PR of 4:16.38, won the 3,200 on Wednesday. Leeper won the 400 IH (54.13), the TJ on Tuesday (45-0).

Dan Miller of Morristown unloaded a huge personal best of 57-5 ½ to win the shot put. Sophomore Ben DeVenezia of Mountain Lakes ran 56.9 for the last 400 to win the 800 in 1:57.04. Lionel Chambers of Parsippany, the 400 champ (49.68 to 498.69 over Roxbury's Malcolm Chavis on Tuesday) anchored the runner-up 4x400 with a 48.0 on Wednesday.

### **RAM RECORD BREAKERS**

If you walk into the locker room next to the track at Randolph there is a small board with school records listed on it. Next to two of the events there is a piece of white tape over the former record and former record holder. On those white pieces of tape are the names of the new record holders, Aaron Harris and Anthony Zarro.

Harris, a senior who won the javelin at the Morris County Championships, threw 182-4 at the Randolph Relays last month, to break the school record. Then he broke his own school record with a 186-8, No. 4 in the state this season, to help lead his team to victory at the East Coast Relays on Monday at Randolph.

Meanwhile, Zarro, a junior, broke the Randolph school record in the triple jump with a 44-9 ½ when he placed second at the Morris County Championships last week.

### **DODGERS TAKE DOWN RECORD**

When the all junior team of Dan Iskandar (a PR of 3:11.1), Thomas Hendrickson (52.8), Nick Wilde (2:07.8) and Patrick Hanley (4:31.0) combined to finish third in 10:42.97 at the East Coast Relays at Randolph on Monday, they smashed the Madison school record of 10:49.23 set in 2010.

## KEEPING TRACK

The team of junior Adam Franklin (22.1), soph Jack Palazzi (22.7), senior Josh DeVenezia (50.4) and sophomore Ben DeVenezia (1:53.9) combined to win the sprint medley at the East Coast Relays in 3:30.12.

Chatham's Aaron Young (57/17), Carson Burns (58.23) and John Walsh (58.61) combined to win the team 400 hurdles at the East Coast Relays with a time of 2:53.97. Young's time was the fourth fastest of the meet.

Jules Hislop anchored in 13.9 to bring Delbarton across third in the shuttle hurdles in 1:02.15 at the East Coast Relays.

Booker McLean of Montville had the top long jump (20-8 1/2) of the meet to lead his team to a runner-up finish at the East Coast Relays.

## THE ROAD TO THE MEET OF CHAMPIONS

The NJ track season is entering the homestretch as teams and athletes prepare for the state sectional championships this Friday and Saturday at nine sites across the state as the Road to the June 5th Meet of Champions continues .

All start times and order of events are the same at each sectional site. **Start times are 3:30 on Friday and 10 a.m. on Saturday.**

There are some significant changes that need to be explained regarding team advancement to the state group meets, and there's two new events added to the schedule.

The new events are the 4x100 and 4x800 relays, which will be scored just like every other event.

The biggest change regarding sectional meets has to do with the advancement of teams to the state group championships for public school teams only. There is no change in how non-public teams will advance to the Non Public Groups.

As for individuals at the public school sectionals, there is no change to how the individuals advance. The top six finishers in each event from each public school section still advance to the state group meet, as has been the case in the past.

But the big change is that now the top 2 teams in each sectional in each group will now advance to the group meet with all their athletes who placed anywhere from first through 12.

At the group meets, only the top 2 teams from each sectional in each group can score team points. Thus, the group title can only be awarded to a team that finished in the top 2 in its sectional meet.

Qualifying into the Meet of Champions from the group meets hasn't changed.

At the group meets, all individuals and wildcards (there are six wild cards per event from all the groups combined) will advance to the Meet of Champions as they have done in the past.

There are also changes involving sites.

Millburn has replaced South Plainfield as host of the North Jersey, Section, 2 Groups 3 and 4 meet.

Msgr. Donovan is hosting the Non Public South A and B and Non Public North B Championships. The Non Public A North meet will be held at Randolph along with the North Jersey, Section 1 Groups 1 and 4 meet.

Old Bridge, which hosted a state group meet and the Meet of Champions the past two years, is not hosting any state meets this season.

Egg Harbor has replaced Old Bridge as one of the state group sites (Groups 1-4 and B this year), and the Meet of Champions has returned to its long time home at Frank Jost Field in South Plainfield. The M of C has returned to a Wednesday this season (June 5)

South Plainfield will also host the state Groups 2-3 and Non Public A meet.

Ok, you got all that???

I sure hope so!!!.

## **SITES FOR EACH SECTIONAL MEET**

### **North Jersey, Sec. 1**

Randolph-Groups 1-4, Non Public North A

Mahwah, Groups 2-3

### **North Jersey, Section 2**

Ridge-Groups 1-4

Millburn-Groups 2-3

### **Central Jersey**

Hillsborough-Groups 1-4

Monmouth-Group 2-3

### **South Jersey**

Egg Harbor-Groups 1-4

Buena-Groups 2-3

## **NON PUBLICS**

Msgr. Donovan-North Jersey Non Public B and South Jersey Non Public A and B

## **SITES AND DATES FOR THE STATE GROUP MEETS**

Friday May 31, 3:30 p.m.

Saturday-June 1, 11 a.m.

**EGG HARBOR**-Groups 1-4 and Non Public B

**SOUTH PLAINFIELD**-Groups 2-3 and Non Public A

**MEET OF OF CHAMPIONS**

Wednesday, June 5

3:00 p.m.

**SOUTH PLAINFIELD**

The road to Frank Jost Field in South Plainfield for the Meet of Champions on June 5, begins this Friday at nine sites around the state when the two-day sectional championships are held.

A list of each site is listed below along with some significant changes.

First, the changes.