

## MORRIS COUNTY BOYS - WEEK 2 REWIND

There was some red hot action around Morris County over the last week as Mendham continued its torrid start, the Morris Hills 4x800 came through in the clutch, and Montville opened lots of eyes with a sparkling performance at the Dodgertown Relays in Madison.

Most of the teams in the area competed at either the Dodgertown Relays in Madison, the Cougar Classic at Underhill Field in Madison, or the Ranger Relays at Wallkill Valley.

Results for all three of those meets can be found [here](#)

In other news, the Penn Relays, held April 25-27 at Franklin Field in Philadelphia, released its accepted high school 4x800 and DM teams and its individual qualifiers this past week.

The full list of qualifiers is right [here](#)

Just a reminder, you can follow all the NJ action around the state on my facebook track page that you can find right [here](#)

Ok, it's time for the Morris County Week 2 Rewind

## YOUNG GUNS LEAD THE WAY FOR MINUTEMEN

Mendham lost a lot of very talented stars to graduation from the team that captured the North Jersey, Section 2, Group 3 title last spring. But a number of younger rising stars have emerged to help the Minutemen get off to a flying start this spring.

Mendham's torrid start continued last Saturday when the Minutemen captured its second straight major relay title with a 48-30 victory over runner-up Montville at the Dodgertown Relays in Madison.

Mendham opened its invitational season by capturing the team title at the Summit Relays.

Coach Dave Quinn had to this say about the performance of his team at Madison.

``Our top performers were Spenser Clouse winning the high jump at 5-10, Stephan Cole winning the triple jump at 40-7.5. The 4x400 ran a Morris County best 3:25.20, and the DMR winning in a time of 10:28.45 is also a county best in the early part of the season.

Splits for those 2 races:

DM

Tom Pavarini (1200 in 3:14)

Dylan Heraghty (400 in :51)

Christian Kildal-Brandt (800 in 1:59)

Paul Ehmann (1600 in 4:25)

4x400

Dylan Heraghty (:51.0)

Pat Carney (:52.0)

Tom Pavarini (:51.8)

Christian Kildal-Brandt (:50.4)

Quinn said this about how his young team has stepped up.

“Props to the kids -- they're working super hard to make their own name, so to speak. Plus, those talented freshman from last year are really stepping up. DMR has 3 sophs, 4x400 has 2 sophs., the high jump relay was 2 sophs, 2 of top 4 long/triple jumpers are sophs. Fastest 100m runner is another soph.”

## GREEN WAVE ROLLING ALONG

Delbarton is coming off a fifth place finish at the Ranger Relays at Wallkill Valley, and coach Dave Sulley is happy with what he's seen so far.

Here is what Sulley said about his team.

“Jules Hislop has been the leader on the track, turning in season bests of 15.0 and 56.7 in the hurdles. He's also had a 23.1 200.

Mike Benz set a junior class record in the pole vault with a 12'6" and that equals the school outdoor record. He is co-holder indoors.

Junior Tommy Rhodes joined outdoor track this year. He's been consistent at 48-0 in the shot. He just started the discus and had a 138-11 throw on Saturday.

Senior Van Johnson took the team lead in the triple jump with a 41- 7 1/2 mark last week in a tri-meet.

Senior Chris D'Aliso is the team leader in the HJ and LJ and has run a 15.2 hurdle PR so far.”

## CHATHAM TURNS IN ANOTHER STRONG WEEK

Coach Pat Barry had to this say about his Cougars.

“Great effort by our 4x400 team (3:27.43) of Sean McHugh (50.5), Carson Burns (51.3), Jake Budlow (52.3) and Andrew Vena (53.7) in running 2nd to Mendham. Our team, in the overall standings, was tied for third with 28 points. Freshman, Kevin Gesell split a 2:05.5 in the 4x800, which finished 3rd. He had our fastest split. Our shuttle hurdle team was 2nd in 1:06.64. The team consisted of John Walsh, Carson Burns, Phil Heller, and Justin Corbitt.

In duals, John Walsh continued his excellent season with four more wins vs. Morristown (LJ, TJ, HJ, HH). Jake Budlow had a personal record in the pole vault when he cleared 12-6 to take 1st place. The above mentioned 4x400 team remains unbeaten in duals with a victory over Morristown in 3:30.”

## BIG DAY FOR MORRIS HILLS

Morris Hills qualified for the Penn Relays 4x800 for the 10<sup>th</sup> time in 11 years when it ran a meet record 8:11.94 and won the team title at Ranger Relays last Saturday at Wallkill Valley. Morris Hills edged Hopatcong 71-67 for the team championship.

The Morris Hills 4x800, which smashed the meet record of 8:19.80 set in 2022 by Clifford Scott, featured a personal best 2:02.6 leadoff from Matt Weintraub, and a 1:57.21 anchor from Travis Ellis. The other two legs were handled by Kyle O'Connor (2:07.3) and John Denney (2:04.3).

Morris Hills also won the discus as Dan Whalen (149-6) and Grant Sanchez (144.6) combined on the victory, and placed first in the pole vault behind Jordan Pacheco's meet best 13-0.

## MUSTANGS RUNNING WILD

Montville, led by senior Jared McPherson and junior Booker McLean, continued to show that it's a team on the rise with a great performance at last Saturday's Dodgertown Relays.

McPherson and McLean each spared 19-10 to combine on the long jump victory and each ran legs on the victorious 4x100 (45.46) and 4x200 (1:33.11). Montville also captured the 4x800 n 8:23.70 on the way to a

runner-up finish behind Mendham.

## KEEPING TRACK

In other highlights from the Dodgertown Relays, Abe Gertler of Madison cleared 13-0 on the winning pole vault team and ran on the victorious shuttle hurdle team (1:06.13). Troy Andretta of Kinnelon had a meet best 151-10 in the discus. Kyle Allison (168-10) and Alex Mesick (135-7) of Mountain Lakes won the javelin.

## IN THE Paddock

Several Morris County teams will be headed to Gifford Field on Saturday for the 48<sup>th</sup> Morris Hills Relays. Start time is 9 a.m. For information on the Morris Hills Relays go [here](#)