

Following are the New Jersey Track all-state freshman teams for the 2009 cross-country season.

The girls' selections are principally based on performances on the varsity level, with the early class meets at shorter distances also being considered. For the boys, freshman events play a major role since a number of those chosen never got to run a varsity race.

Matt Nelson of Barnegat easily topped the boys with a 24th place finish at the all-group meet capping a season that matched those of the best New Jersey years of past years: the Rosa twins, Brad Hudson and Caig Forys. He won one invitational and finished in the top six in his group, sectional, conference and county meets.

Natalia Ocasio of Lenape led the girls, placing 20th in the all-group meet, ninth in Gr. IV and winning the SJ sectionals, earning a place on the varsity all-state third team. Kelly Janokowicz played a key role in Hillsboro's AG victory and Meagan Malloy of Cinnaminson, Casey Quinto of Hopewell Valley and Reagan Kolakowski of Mendham were all in the top 50 at the AG meet.

Copies of the latest edition of New Jersey Track, with a full list of the all-state, class and sectional selections are available at \$2 each from Edward J. Grant, 101 Greenwich Court, Madison, NJ 07940.

FRESHMAN BOYS

FIRST TEAM

Brandon Baxter, Don Bosco
Nick Costello, Delsea
Travis Ellis, Vernon
Billy Leder, Colts Neck
Rob Napolitano, Red Bank Catholic
Matt Nelson, Barnegat
Kevin Summonte, Freehold Boro
John Ward, Colts Neck

SECOND TEAM

Matt Boscia, Roselle Catholic
William Bragg, CBA
Eddie Cunningham, WW-Plainsboro No.
Jacori Lyesi-Ford, Columbia
Chris Marco, Toms River South
Colter Merritt, Vernon
Ryan Newman, Toms River South
Dan Riff, WW-Plainsboro South

THIRD TEAM

Taylor Casserly, Old Bridge
Nicholas Eckert, Jackson Liberty
Craig Hunter, Robbinsville
Cameron Kane, Mt. Lakes
Jon Mugavero, CBA
Pete Skryzallin, Cherry Hill West
Angel Uzhca, Hackensack
Sean Wheat, St. Rose

FRESHMAN GIRLS

FIRST TEAM

Nisa Cicitta, Voorhees
Brittany Day, Demarest
Kelly Janokowicz, Hillsboro
Reagan Kolakowski, Mendham
Meghan Malloy, Cinnaminson
Natalia Ocasio, Lenape
Kim Oppenheim, Westwood
Casey Quinto, Hopewell Valley

SECOND TEAM

Sophia Banafato, Bridgewater
Ailis Clyne, Morris Hills
Ashley Collimore, Jackson
Sara Kabede, Hunterdon Central
Ariane North, Northern Highlands
Karen O'Halloran, Toms River North
Amanda Restivo, Lenape
Colette Richter, Mt. Lakes

THIRD TEAM

Julia Bartner, Paramus
Shannon Carney, Voorhees
Megan Charboneau, Cherokee
Lennon Cooper, Holmdel
Brigid McGill, Voorhees
Isabella Maita, Rumson
Abby Salia, Seneca
Julia Strother, Morris Knolls