

INDOOR PERFORMANCE LIST

BOYS

55-METER DASH

6.57	Jihaad Howard, Brick Memorial
6.60	Rashon Evans, Irvington
6.62	Rasheed Grandy, Absegami
6.63	Jhakys Williams, Westfield
6.65	Syteek Farrington, Camden
6.66	Terrell Lane, Highland Eric Bennett, Columbia
6.67	Bennett Jackson, Raritan Ban Oni, Brick Memorial
6.69	Wilverson Baptiste, Irvington
6.70	Jerrick Oliver, Irvington Robbie Robinson, Montgomery

200-METER DASH

22.5	Elijah Holder, Bergenfield
22.7	Zadique White, Teaneck Brian Oni, South Brunswick
22.8	Shakys Williams, Westfield
22.9	Casey Pleasants, Teaneck Jermaine Collier, Trenton

300-YARD DASH

32.8	Mark Filandro, Indian Hills
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300-METER DASH

35.38	Dylan Hurley, Pope John
36.7	Kevin Condal, Hasbrouck Heights
36.80	Bayaan Oluyadi, Union
36.86	Aeron Gilson, Mt. Olive
37.5	John Sanford, St. Joseph Mont.

400-METER RUN

49.73	Keith Griffith, Florence
50.86	Santiago Galeano, Absegami

600-METER RUN

1:23.14	Pat Schellberg, Delbarton
1:23.16	Hamar Farag, Morristown
1:23.54	Dana Roberts, Columbia
1:24.68	Bill Leonard, Bergen Catholic
1:25.42	Bayaan Oluwadi, Union
1:25.9	Najee Glass, St. Peter's

800-METER RUN

1:57.17	Jaime Gibilisco, Notre Dame
1:59.57	Randy Spadola, Freehold Twp
1:59.93	Kingsley Prophete, Manalapan
2:00.02	Larry Ramirez, Pleasantville
2:00.11	Luke Zirngibl, Middletown North
2:00.21	Brian O'Connor, St. John Vianney
2:00.25	Rich Bohny, CBA
2:00.9	Bill Leonard, Bergen Catholic
2:00.97	Greg Tilley, Freehold Twp

1000-METER RUN

2:32.79	Larry Ramirez, Pleasantville
2:39.14	Curtis Richburg, West Orange

1600-METER RUN

#4:15.32	Pat Schellberg, Delbarton
#4:19.65	Colin Richmond, St. Rose
#4:22.64	Miles Schoedler, Ocean City
4:23.1	Colin Baker, Haddonfield
4:24.2	Jon Vitez, Haddonfield
4:24.5	Dan Rondon, North Bergen
4:25.1	Steve Burkholder, Cherokee
4:25.2	Ben Potts, Haddonfield

4:25.8	Karon Purcell, Hightstown
4:26.32	Curtis Richburg, West Orange
4:27.11	Matt Valeriani, So. Ocean
4:27.96	Everett Price, New Providence
4:28.3	Evan Roelke, Ridge
4:28.66	Brian Cleary, West Deptford
4:29.70	Tyler Udland, Millburn
4:30.30	Randy Spadola, Freehold Twp
4:30.68	Hamar Farag, Morristown
4:30.70	Jeremy Elkaim, Livingston
4:30.91	Jared Mason, West Orange
#Converted Mile mark	

3000-METER RUN

9:09.03	Dan Mykytishyn, CBA
9:09.95	Dan Bailey, CBA

3200-METER RUN

9:38.4	Morgan Pearson, Delbarton
9:38.57	Jeremy Elkaim, Livingston

55-METER HIGH HURDLES

7.64	Josh Major, West Orange
7.72	Bennett Jackson, Raritan
7.75	Syteek Farrington, Camden
7.89	Darren McCluskey, Cherokee

HIGH JUMP

6-10	Mark Jones, Summit
6-8	Tommy DeVita, Ridgewood
6-6	Corey Crawford, Indian Hills Ed Kramer, Cherokee
6-4	Brandon Baskerville, Newark Tech Geoff Enahill, Voorhees

POLE VAULT

15-0	Mike Rivard, Haddonfield
14-6	Justin Azmequita, Berkeley Heights
13-8	John Brinkerhoff, Veritas Christian
13-6	Eric Cottrell, Toms River South Tim Shanahan, Hunterdon Central
13-2	Dylan Spadaccini, Matawan
13-0	John Wisener, Ridgewood Connor Chilton, Bernards Rich Pierera, Toms River North Ali Hashemi, Randolph

LONG JUMP

22-10	Corey Crawford, Indian Hills
21-10.5	Conroy Walker, Hackensack

TRIPLE JUMP

44-10	Kevin Ankle, Glen Rock
44-4.25	Justin Bailey, Trenton
44-0	James Adams, West Orange

SHOT PUT

70-5.25	Nick Vena, Morristown
51-3	Pat Rohan, CBA
51-0.25	Jarred Williams, Eastern
50-10.5	Nick DiGiacomo, Parsippany Hills
50-9	Stephen Mozia, Hackensack
50-7.5	George Solujich, Notre Dame
50.7	Traven Mable, Willingboro
50-3.5	Sam Mattis, East Brunswick

800-METER RELAY

1:30.23	St. Benedict's
1:31.81	Pope John
1:32.12	Columbia

1:31.7	Pope John
1:32.0	Bergen Catholic
1:32.30	Washington Twp
1:33.50	Highland
1:33.98	Delsea
1:34.8	Union Catholic
1:34.99	Camden
1:35.4	St. Joseph Metuchen
1:35.5	Seton Hall
1:35.88	Randolph

1600-METER RELAY

3:27.7	Bergen Catholic
3:29.71	Absegami
3:31.83	Freehold Twp
3:32.23	Brick Memorial
3:32.99	Union Catholic
3:33.20	Columbia
3:33.52	Christian Brothers
3:33.6	Trenton

3200-METER RELAY

8:13.6	Red Bank Catholic
8:14.41	Haddonfield
8:17.68	Union Catholic
8:17.72	Hopewell Valley
8:19.2	Pope John
8:21.6	Seton Hall
8:23.25	Morristown

SPRINT MEDLEY RELAY

3:36.2	Indian Hills
3:36.24	Washington Twp
3:36.9	Delbarton
3:39.27	Pleasantville
3:39.52	Old Bridge
3:39.8	St. Benedict's
3:40.5	Notre Dame
3:40.6	St. Peter's
3:41.2	Don Bosco
3:42.2	Pope John
3:44.16	Morristown
3:44.6	Wayne Valley
3:44.67	Eastern

DISTANCE MEDLEY RELAY

10:37.74	CBA
10:45.63	Delbarton
10:52.46	North Brunswick
10:53.1	Union Catholic
10:54.63	Haddonfield
10:56.3	Red Bank Catholic
10:56.66	Eastern
10:59.28	Randolph
10:59.29	St. Augustine

SHUTTLE HURDLES RELAY

31.58	CBA
31.81	Delsea
32.44	Manchester Twp
32.55	Ridgewood
32.58	Willingboro
32.68	Randolph
32.76	Matawan
32.77	Freehold Twp
32.8	St. Joseph Metuchen
	Notre Dame
32.97	Morris Knolls

INDOOR PERFORMANCE LIST

GIRLS

55-METER DASH

7.26	Jasmine Carter, Columbia
7.27	Tylia Gillon, Jackson
7.34	English Gardner, Eastern
7.45	Brianna Crofton, Delsea
7.46	Kayann Richards, Columbia
7.51	Dominique Booker, Imm. Conc.
7.55	Amber Ballew, Columbia
	Kyra Kemp, Union
	Mariah Browne, So. Brunswick
	Amoka Ekeocha, Monmouth

60-METER DASH

7.92	Briana Barlow, New Brunswick
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200-METER DASH

25.7	Miranda Mackey, Hopewell V.
25.8	Myasia Jacobs, Paramus Cath.
26.9	Morgan Spann, McNair Acad.

300-METER DASH

40.24	Natalie Englese, Cranford
42.55	Sarah Gillespie, Mendham
42.81	Kayana Richards, Columbia
43.42	Jackie Madden, Ridge
43.6	Tashay Wilson, Hillside
43.67	Megan McMillan, Red Bank C.

400-METER RUN

58.86	Natalie Englese, Cranford
59.50	Chelsea Cox, Southern Ocean
1:00.05	Brittney Jackson, Columbia
1:00.33	Rhianna Zalewski, Freehold T.
1:00.4	Miranda Mackey, Hopewell V.
1:00.7	Zashley Udwan, Westfield
1:01.6	Ali Christ, Rumson
	Alicia Osley, South Brunswick
1:01.79	Sarah Gillespie, Mendham
1:01.86	Kristin Smoot, Bernards

600-YARD RUN

1:27.9	Vincia Jackson, Mt. St. Dominic
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600-METER RUN

1:38.83	Latima Salley, Elizabeth
1:40.05	Kristen Smoot, Bernards
1:41.4	Nishelle Harris, Rahway
1:42.3	Amber Allen, Passaic Tech
1:42.4	Caitlin Orr, Lenape
1:43.0	Christine Spilka, Old Tappan
1:43.20	Jackie Mosca, Morris Hills
1:43.56	Nichole Candelaria, East Orange
1:43.60	Katie Watson, Summit
1:43.69	Whitney Zammit, Montville
1:43.7	Elizabeth Rosenberger, Ramsey
1:44.09	Jackie Madden, Ridge
1:44.52	Erika Neidis, Sparta
1:45.0	Javaria Bacote, Paterson Kenn.

800-METER RUN

2:20.0	Kristen Smoot, Bernards
2:20.60	Caitlin Orr, Lenape
2:21.91	Chelsea Lodato, Old Bridge

1000-METER RUN

2:59.90	Joelle Amaral, Randolph
3:03.97	Lia Marzano, Red Bank Cath.

3:08.05	Katie Watson, Summit
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1600-METER RUN

#5:03.00	Molly McNamara, Red Bank C.
5:10.10	Mary Migton, Roxbury
#5:10.90	Joelle Amaral, Randolph
5:11.6	Sophia Ginez, So. Brunswick
5:13.64	Diana D'Achille, Morris Knolls
5:14.27	Ajee Wilson, Neptune
5:14.74	Natalie Anthony, Randolph
	#Converted Mile mark

3200-METER RUN

11:18.5	Caroline Williams, MSM
11:28.48	Jillian Prentice, Montgomery
11:31.44	Diane Iacone, Washington Twp
11:34.38	Laura Vigilante, Mendham

55-METER HURDLES

8.65	Krystal Ellis, Morristown
	Kayann Richards, Columbia
8.72	Taylor Furman, Morris Knolls
8.74	Samantha Jackson, Jackson Lib.
8.79	Jamie Thompson, So. Brunswick
8.88	Samantha Rodriguez, So. Ocean
8.89	Kelsey Damato, Bishop Eustace
8.95	Jackie Madden, Ridge

HIGH JUMP

5-9.5	Emily Kianka, Hopewell Valley
5-6	Fiona Paladino, Montgomery
	Samantha Yeats, Voorhees
5-4	Brittney Jackson, Columbia
	Elly Wardle, Toms River South
	Maggie Gilchrist, Howell
5-3	Noel Jancewicz, Robbinsville
5-2	Alexis Bulvanoski, Howell
	Kate Karovic, Whippany Park
	Brooke Angellella, So. Ocean
	Shayne Hughes, Hopewell Valley
	Colleen McAndrews, TR North
	Tiffany Acalara, Colts Neck
	Katie Petruzzellis, Voorhees
	Amoka Ekeocha, Monmouth
	Kelsey Evancho, Lenape

POLE VAULT

11-7	Emily Urciuoli, Clifton
11-6	Kelly Burke, Cranford
	Laura Ng, Montgoimery
	Dana Schweiger, TR North
11-0	Chelsea Hartigan, Ramapo
10-9	Dana Fineman, Hunterdon Cent
	Kate Polcari, Ridgewood
10-1	Laura Placenta, Montclair
	Erin Smith, High Point
	Kelly Bresz, Howell
10-0	Carolyn Edler, Mahwah
	Jackie Chester, Hopewell Valley
	Chelsea Vaughan, So. Ocean
	Stephanie Shove, Monmouth

LONG JUMP

17-9.5	Mariah Browne, South Brunswick
	James Thompson, South Brunswick

TRIPLE JUMP

36-9.5	Kelly Burke, Cranford
36-5.5	Mariah Browne, South Brunswick
35-5.75	Shaena Wizzard, Teaneck

35-3	Camille Handy, Scotch Plains
34-10	Iana Amsterdam, Benedictine Acad.
34-9.25	Javona Ford, Millville
34-3	Sarah Canfield, Scotch Plains
34-1	Tiffany Evangelou, IHA

SHOT PUT

41-7	Apresha Hampton, Teaneck
39-11.25	Theresa Picciallo, IHA
39-1.5	Olivia Wade, Paramus Catholic
39-1	Corina Kominkiewicz, E. Brun.
37-7	Jocelyn Williams, Rahway
37-6.5	Tilah Young, Barnegat
	Sarah Talmadge, Mt. St. Dominic
37-4.5	Ashley Sims, Paramus Catholic
36-9.25	Kim Almaro, Toms River South
	Tanya Jones, Weequahic
36-9	Rhea Phipps, Ridge

800-METER RELAY

1:45.66	Columbia
1:46.98	Willingboro
1:49.08	Delsea
1:49.3	Benedictine Academy
1:49.62	Morris Knolls
1:50.2	Pope John
1:50.07	Hopewell Valley
1:50.27	Mendham

1600-METER RELAY

3:59.62	Willingboro
4:07.40	Jackson
4:08.10	Southern Ocean
4:11.19	Columbia
4:11.4	Bernards

3200-METER RELAY

9:44.92	Lenape
9:46.3	Red Bank Catholic
9:48.84	Hunterdon Central
9:53.42	Columbia
10:01.8	Old Tappan
10:02.16	Neptune
10:02.3	Hillsboro
10:07.72	Randolph
10:09.6	Hopewell Valley

SPRINT MEDLEY RELAY

4:21.63	Willingboro
4:21.7	St. John Vianney
4:24.1	Hopewell Valley
4:24.98	Morris Knolls
4:25.21	Randolph
4:25.25	Neptune
4:25.51	Washington Twp
4:26.3	Old Tappan
4:27.5	Edison

DISTANCE MEDLEY RELAY

12:29.86	Hunterdon Central
12:38.4	Red Bank Catholic
12:42.86	Lenape
12:50.50	Randolph
12:58.57	Delsea

SHUTTLE HURDLES RELAY (206M)

34.0	Benedictine Academy
34.05	Randolph
34.16	Morristown
34.4	Hillsboro

INDOOR PERFORMANCE LIST

34.71	Mendham
34.80	Villa Walsh
34.83	West Orange
35.0	Msgr. Donovan
35.04	Kinnelon
35.1	St. Dominic Academy
35.25	Willingboro
35.28	Hanover Park
35.29	Butler
35.61	Hunterdon Central
35.80	Bernards

SHUTTLE HURDLES RELAY (220M)

35.89	Willingboro
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